### Vivekananda, Jñāna Yoga (1915)

Swami Vivekananda (1863-1902) was born Narendranatha Dutta. He became the principal disciple of the Advaita Vedānta scholar/saint Sri Ramakrishna, was founder of the Ramakrishna mission, and was one of the principal exponents of Advaita Vedānta in the late 19th century. Vivekananda came to international prominence following his dramatic addresses to the World Parliament of Religions in Chicago in 1893. He introduced Vedānta philosophy to the United States and Europe, where he taught extensively and established Vedānta societies. The present essay is a remarkable exposition of the concept of  $m\bar{a}\gamma\bar{a}$  in Vedānta philosophy, demonstrating both its relevance to ordinary experience and how to interpret this doctrine in the context of modernity.



Swami Vivekananda

## Jñāna–Yoga

#### THE REAL NATURE OF MAN

(Delivered in London)

GREAT IS THE tenacity with which man clings to the senses. Yet, however substantial he may think the external world in which he lives and moves, there comes a time in the lives of individuals and of races when, involuntarily, they ask, "Is this real?" To the person who never finds a moment to question the credentials of his senses, whose every moment is occupied with some sort of sense-enjoyment—even to him death comes, and he also is compelled to ask, "Is this real?" Religion begins with this question and ends with its answer. Even in the remote past, where recorded history cannot help us, in the mysterious light of mythology, back in the dim twilight of civilisation, we find the same question was asked, "What becomes of this? What is real?"

One of the most poetical of the Upanisads, the Kathopanisad, begins with the inquiry: "When a man dies, there is a dispute. One party declares that he has gone for ever, the other insists that he is still living. Which is true?" Various answers have been given. The whole sphere of metaphysics, philosophy, and religion is really filled with various answers to this question. At the same time, attempts have been made to suppress it, to put a stop to the unrest of mind which asks, "What is beyond? What is real?" But so long as death remains, all these attempts at suppression will always prove to be unsuccessful. We may talk about seeing nothing beyond and keeping all our hopes and aspirations confined to the present moment, and struggle hard not to think of anything beyond the world of senses; and, perhaps, everything outside helps to keep us limited within its narrow bounds. The whole world may combine to prevent us from broadening out beyond the present. Yet, so long as there is death, the question must come again and again, "Is death the end of all these things to which we are clinging, as if they were the most real of all realities, the most substantial of all substances?" The world vanishes in a moment and is gone. Standing on the brink of a precipice beyond which is the infinite yawning chasm, every mind, however hardened, is bound to recoil and ask, "Is this real?" The hopes of a lifetime, built up little by little with all the

energies of a great mind, vanish in a second. Are they real? This question must be answered. Time never lessens its power; on the other hand, it adds strength to it.

Then there is the desire to be happy. We run after everything to make ourselves happy; we pursue our mad career in the external world of senses. If you ask the young man with whom life is successful, he will declare that it is real; and he really thinks so. Perhaps, when the same man grows old and finds fortune ever eluding him, he will then declare that it is fate. He finds at last that his desires cannot be fulfilled. Wherever he goes, there is an adamantine wall beyond which he cannot pass. Every sense-activity results in a reaction. Everything is evanescent. Enjoyment, misery, luxury, wealth, power, and poverty, even life itself, are all evanescent.

Two positions remain to mankind. One is to believe with the nihilists that all is nothing that we know nothing, that we can never know anything either about the future, the past, or even the present. For we must remember that he who denies the past and the future and wants to stick to the present is simply a madman. One may as well deny the father and mother and assert the child. It would be equally logical. To deny the past and future, the present must inevitably be denied also. This is one position, that of the nihilists. I have never seen a man who could really become a nihilist for one minute. It is very easy to talk.

Then there is the other position—to seek for an explanation, to seek for the real, to discover in the midst of this eternally changing and evanescent world whatever is real. In this body which is an aggregate of molecules of matter, is there anything which is real? This has been the search throughout the history of the human mind. In the very oldest times, we often find glimpses of light coming into men's minds. We find man, even then, going a step beyond this body, finding something which is not this external body, although very much like it, much more complete, much more perfect, and which remains even when this body is dissolved. We read in the hymns of the *Rgveda*, addressed to the God of Fire who is burning a dead body, "Carry him, O Fire, in your arms gently, give him a perfect body, a bright body, carry him where the fathers live, where there is no more sorrow, where there is no more death."

The same idea you will find present in every religion. And we get another idea with it. It is a significant fact that all religions, without one exception, hold that man is a degeneration of what he was, whether they clothe this in mythological words, or in the clear language of philosophy, or in the beautiful expressions of poetry. This is the one fact that comes out of every scripture and of every mythology that the man that is is a degeneration of what he was. This is the kernel of truth within the story of Adam's fall in the Jewish scripture. This is again and again repeated in the scriptures of

the Hindus: the dream of a period which they call the age of truth, when no man died unless he wished to die, when he could keep his body as long as he liked, and his mind was pure and strong. There was no evil, and no misery; and the present age is a corruption of that state of perfection.

Side by side with this, we find everywhere the story of the deluge. That story itself is a proof that this present age is held by every religion to be a corruption of a former age. It went on becoming more and more corrupt until the deluge swept away a large portion of mankind and again the ascending series began. It is going up slowly again, to reach once more that early state of purity. You are all aware of the story of the deluge in the Old Testament. The same story was current among the ancient Babylonians, the Egyptians, the Chinese, and the Hindus.

Manu, a great ancient sage, was praying on the bank of the Ganges, when a little minnow came to him for protection, and he put it into a pot of water he had before him. "What do you want?" asked Manu. The little minnow declared that it was pursued by a bigger fish and wanted protection. Manu carried the little fish home with him. By morning the fish had become as big as the pot and he said, "I cannot live in this pot any longer." Manu put him in a tank, and the next day he was as big as the tank and declared he could not live there any more. So Manu had to take him to a river, and in the morning the fish filled the river. Then Manu put him in the ocean, and he declared, "Manu, I am the Creator of the universe. I have taken this form to come and warn you that I will deluge the world. You build an ark and in it put a pair of every kind of animals, and let your family enter the ark, and there will project out of the water my horn. Fasten the ark to it; and when the deluge subsides, come out and people the earth." So the world was deluged, and Manu saved his own family and two of every kind of animal and seeds of every plant. When the deluge subsided, he came and peopled the world; and we are all called "man", because we are the progeny of Manu.

Now, human language is the attempt to express the truth that is within. I am fully persuaded that a baby whose language consists of unintelligible sounds is attempting to express the highest philosophy, only the baby has not the organs to express it nor the means. The difference between the language of the highest philosophers and the utterances of babies is one of degree and not of kind. What you call the most correct, systematic, mathematical language of the present time, and the hazy, mystical, mythological languages of the ancients, differ only in clarity. Both of them have a grand idea behind, which is, as it were, struggling to express itself; and often behind these ancient mythologies are nuggets of truth; and often, I am sorry to say, behind the fine, polished phrases of the moderns is arrant trash. So, we need not throw a thing overboard because it is clothed in mythology, because it

does not fit in with the notions of Mr. So-and-so or Mrs. So-and-so of modern times. If people should laugh at religion because most religions declare that men must believe in mythologies taught by such and such a prophet, they ought to laugh more at these moderns. In modern times, if a man quotes a Moses or a Buddha or a Christ, he is laughed at; but let him give the name of a Huxley, a Tyndall, or a Darwin, and it is swallowed without salt. "Huxley has said it", that is enough for many. We are free from superstitions indeed! That was a religious superstition, and this is a scientific superstition; only, in and through that superstition came life-giving ideas of spirituality; in and through this modern superstition come lust and greed. That superstition was worship of God, and this superstition is worship of filthy lucre, of fame or power. That is the difference.

To return to mythology. Behind all these stories we find one idea standing supreme—that man is a degeneration of what he was. Coming to the present times, modern research seems to repudiate this position absolutely. Evolutionists seem to contradict entirely this assertion. According to them, man is the evolution of the mollusc; and, therefore, what mythology states cannot be true. There is in India, however, a mythology which is able to reconcile both these positions. The Indian mythology has a theory of cycles, that all progression is in the form of waves. Every wave is attended by a fall, and that by a rise the next moment, that by a fall in the next, and again another rise. The motion is in cycles. Certainly it is true, even on the grounds of modern research, that man cannot be simply an evolution. Every evolution presupposes an involution. The modern scientific man will tell you that you can only get the amount of energy out of a machine which you have previously put into it. Something cannot be produced out of nothing. If a man is an evolution of the mollusc, then the perfect man—the Buddha-man, the Christ-man—was involved in the mollusc. If it is not so, whence come these gigantic personalities? Something cannot come out of nothing.

Thus we are in the position of reconciling the scriptures with modern light. That energy which manifests itself slowly through various stages until it becomes the perfect man cannot come out of nothing. It existed somewhere; and if the mollusc or the protoplasm is the first point to which you can trace it, that protoplasm, somehow or other, must have contained the energy.

There is a great discussion going on as to whether the aggregate of materials we call the body is the cause of manifestation of the force we call the soul, thought, etc., or whether it is the thought that manifests this body. The religions of the world of course hold that the force called thought manifests the body, and not the reverse. There are schools of

modern thought which hold that what we call thought is simply the outcome of the adjustment of the parts of the machine which we call body. Taking the second position that the soul or the mass of thought, or however you may call it, is the outcome of this machine, the outcome of the chemical and physical combinations of matter making up the body and brain, leaves the question unanswered. What makes the body? What force combines the molecules into the body form? What force is there which takes up material from the mass of matter around and forms my body one way, another body another way, and so on? What makes these infinite distinctions? To say that the force called soul is the outcome of the combinations of the molecules of the body is putting the cart before the horse. How did the combinations come; where was the force to make them? If you say that some other force was the cause of these combinations, and soul was the outcome of that matter, and that soul—which combined a certain mass of matter—was itself the result of the combinations, it is no answer. That theory ought to be taken which explains most of the facts, if not all, and that without contradicting other existing theories. It is more logical to say that the force which takes up the matter and forms the body is the same which manifests through that body.

To say, therefore, that the thought forces manifested by the body are the outcome of the arrangement of molecules and have no independent existence has no meaning; neither can force evolve out of matter. Rather it is possible to demonstrate that what we call matter does not exist at all. It is only a certain state of force. Solidity, hardness, or any other state of matter can be proved to be the result of motion. Increase of vortex motion imparted to fluids gives them the force of solids. A mass of air in vortex motion, as in a tornado, becomes solid-like and by its impact breaks or cuts through solids. A thread of a spider's web, if it could be moved at almost infinite velocity, would be as strong as an iron chain and would cut through an oak tree. Looking at it in this way, it would be easier to prove that what we call matter does not exist. But the other way cannot be proved.

What is the force which manifests itself through the body? It is obvious to all of us, whatever that force be, that it is taking particles up, as it were, and manipulating forms out of them—the human body. None else comes here to manipulate bodies for you and me. I never saw anybody eat food for me. I have to assimilate it, manufacture blood and bones and everything out of that food. What is this mysterious force? Ideas about the future and about the past seem to be terrifying to many. To many they seem to be mere speculation. We will take the present theme. What is this force which is now working through us?

We know how in old times, in all the ancient scriptures, this power, this manifestation of power, was thought to be of a bright substance having the form of this body, and which remained even after this body fell. Later on. however, we find a higher idea coming—that this bright body did not represent the force. Whatsoever has form must be the result of combinations of particles and requires something else behind it to move it. If this body requires something which is not the body to manipulate it, the bright body, by the same necessity, will also require something other than itself to manipulate it. So, that something was called the soul, the Atman, in Sanskrit. It was the *Ātman* which through the bright body, as it were, worked on the gross body outside. The bright body is considered as the receptacle of the mind, and the *Ātman* is beyond that. It is not the mind even; it works the mind, and through the mind, the body. You have an Atman, I have another, each one of us has a separate *Ātman* and a separate fine body, and through that we work on the gross external body. Questions were then asked about this  $\bar{A}tman$ , about its nature. What is this  $\bar{A}tman$ , this soul of man, which is neither the body nor the mind? Great discussions followed. Speculations were made, various shades of philosophic inquiry came into existence; and I shall try to place before you some of the conclusions that have been reached about this Atman.

The different philosophies seem to agree that this Atman, whatever it be, has neither form nor shape, and that which has neither form nor shape must be omnipresent. Time begins with mind, space also is in the mind. Causation cannot stand without time. Without the idea of succession there cannot be any idea of causation. Time, space, and causation, therefore, are in the mind, and as this *Ātman* is beyond the mind and formless, it must be beyond time, beyond space, and beyond causation. Now, if it is beyond time, space, and causation, it must be infinite. Then comes the highest speculation in our philosophy. The infinite cannot be two. If the soul be infinite, there can be only one Soul, and all ideas of various souls—you having one soul, and I having another, and so forth—are not real. The Real Man, therefore, is one and infinite, the omnipresent Spirit. And the apparent man is only a limitation of that Real Man. In that sense the mythologies are true that the apparent man, however great he may be, is only a dim reflection of the Real Man who is beyond. The Real Man, the Spirit, being beyond cause and effect, not bound by time and space, must, therefore, be free. He was never bound, and could not be bound. The apparent man, the reflection, is limited by time, space, and causation, and is, therefore, bound. Or in the language of some of our philosophers, he appears to be bound, but really is not. This is the reality in our souls, this omnipresence, this spiritual nature, this infinity. Every soul is infinite, therefore there is no question of birth and death.

Some children were being examined. The examiner put them rather hard questions, and among them was this one: "Why does not the earth fall?" He wanted to evoke answers about gravitation. Most of the children could not answer at all; a few answered that it was gravitation or something. One bright little girl answered it by putting another question: "Where should it fall?" The question is nonsense. Where should the earth fall? There is no falling or rising for the earth. In infinite space there is no up or down; that is only in the relative. Where is the going or coming for the infinite? Whence should it come and whither should it go?

Thus, when people cease to think of the past or future, when they give up the idea of body, because the body comes and goes and is limited, then they have risen to a higher ideal. The body is not the Real Man, neither is the mind, for the mind waxes and wanes. It is the Spirit beyond, which alone can live for ever. The body and mind are continually changing, and are, in fact, only names of series of changeful phenomena, like rivers whose waters are in a constant state of flux, yet presenting the appearance of unbroken streams. Every particle in this body is continually changing; no one has the same body for many minutes together, and yet we think of it as the same body. So with the mind; one moment it is happy, another moment unhappy; one moment strong, another weak; an ever-changing whirlpool. That cannot be the Spirit which is infinite. Change can only be in the limited. To say that the infinite changes in any way is absurd; it cannot be. You can move and I can move, as limited bodies; every particle in this universe is in a constant state of flux, but taking the universe as a unit, as one whole, it cannot move, it cannot change. Motion is always a relative thing. I move in relation to something else. Any particle in this universe can change in relation to any other particle; but take the whole universe as one, and in relation to what can it move? There is nothing besides it. So this infinite Unit is unchangeable, immovable, absolute, and this is the Real Man. Our reality, therefore, consists in the Universal and not in the limited. These are old delusions, however comfortable they are, to think that we are little limited beings, constantly changing.

People are frightened when they are told that they are Universal Being, everywhere present. Through everything you work, through every foot you move, through every lip you talk, through every heart you feel. People are frightened when they are told this. They will again and again ask you if they are not going to keep their individuality. What is individuality? I should like to see it. A baby has no moustache; when he grows to be a man, perhaps he has a moustache and beard. His individuality would be lost, if it were in the body. If I lose one eye, or if I lose one of my hands, my individuality would be lost if it were in the body. Then, a drunkard should not give up drinking

because he would lose his individuality. A thief should not be a good man because he would thereby lose his individuality. No man ought to change his habits for fear of this. There is no individuality except in the Infinite. That is the only condition which does not change. Everything else is in a constant state of flux. Neither can individuality be in memory. Suppose, on account of a blow on the head I forget all about my past; then, I have lost all individuality; I am gone. I do not remember two or three years of my childhood, and if memory and existence are one, then whatever I forget is gone. That part of my life which I do not remember, I did not live. That is a very narrow idea of individuality.

There is no individuality except in the Infinite. That is the only condition which does not change. Everything else is in a state of flux. We are not individuals yet. We are struggling towards individuality, and that is the Infinite, that is the real nature of man. He alone lives whose life is in the whole universe, and the more we concentrate our lives on limited things, the faster we go towards death. Those moments alone we live when our lives are in the universe, in others; and living this little life is death, simply death, and that is why the fear of death comes. The fear of death can only be conquered when man realises that so long as there is one life in this universe, he is living. When he can say, "I am in everything, in everybody, I am in all lives, I am the universe," then alone comes the state of fearlessness. To talk of immortality in constantly changing things is absurd. Says an old Sanskrit philosopher: It is only the Spirit that is the individual, because it is infinite. No infinity can be divided; infinity cannot be broken into pieces. It is the same one, undivided unit for ever, and this is the individual man, the Real Man. The apparent man is merely a struggle to express, to manifest this individuality which is beyond. Evolution is not in the Spirit.

These changes which are going on—the wicked becoming good, the animal becoming man, take them in whatever way you like—are not in the Spirit. They are evolution of nature and manifestation of Spirit. Suppose there is a screen hiding you from me, in which there is a small hole through which I can see some of the faces before me, just a few faces. Now suppose the hole begins to grow larger and larger, and as it does so, more and more of the scene before me reveals itself, and when at last the whole screen has disappeared, I stand face to face with you all. You did not change at all in this case; it was the hole that was evolving, and you were gradually manifesting yourselves. So it is with the Spirit. No perfection is going to be attained. You are already free and perfect.

What are these ideas of religion and God and searching for the hereafter? Why does man look for a God? Why does man, in every nation, in every state

of society, want a perfect ideal somewhere, either in man, in God, or elsewhere? Because that idea is within you. It was your own heart beating and you did not know; you were mistaking it for something external. It is the God within your own self that is propelling you to seek for Him, to realise Him. After long searches here and there, in temples and in churches, in earths and in heavens, at last you come back, completing the circle from where you started, to your own soul and find that He for whom you have been seeking all over the world, for whom you have been weeping and praying in churches and temples, on whom you were looking as the mystery of all mysteries shrouded in the clouds, is nearest of the near, is your own Self, the reality of your life, body, and soul.

That Self is your own nature. Assert it, manifest it. Not to become pure, you are pure already. You are not to be perfect, you are that already. Nature is like that screen which is hiding the reality beyond. Every good thought that you think or act upon is simply tearing the veil, as it were; and the purity, the Infinity, the God behind, manifests Itself more and more. This is the whole history of man. Finer and finer becomes the veil, more and more of the light behind shines forth, for it is its nature to shine.

That Self cannot be known; in vain we try to know it. Were it knowable, it would not be what it is, for it is the eternal subject. Knowledge is a limitation, knowledge is objectifying. He is the eternal subject of everything, the eternal witness in this universe, your own Self. Knowledge is, as it were, a lower step, a degeneration. We are that eternal subject already; how can we know it?

The infinite Self is the real nature of every man, and he is struggling to express it in various ways; otherwise, why are there so many ethical codes? Where is the explanation of all ethics? One idea stands out as the centre of all ethical systems, expressed in various forms, namely, doing good to others. The guiding motive of mankind should be charity towards men, charity towards all animals. But these are all various expressions of that eternal truth that, "I am the universe; this universe is one." Or else, where is the reason? Why should I do good to my fellowmen? Why should I do good to others? What compels me? It is sympathy, the feeling of sameness everywhere. The hardest hearts feel sympathy for other beings sometimes. Even the man who gets frightened if he is told that this assumed individuality is really a delusion, that it is ignoble to try to cling to this apparent individuality, that very man will tell you that extreme self-abnegation is the centre of all morality. And what is perfect self-abnegation? It means the abnegation of this apparent self, the abnegation of all selfishness.

This idea of "me and mine"—ahamkāra and mamat—is the result of past superstition, and the more this present self passes away, the more the real

Self becomes manifest. This is true self-abnegation, the centre, the basis, the gist of all moral teaching; and whether man knows it or not, the whole world is slowly going towards it, practising it more or less. Only, the vast majority of mankind are doing it unconsciously. Let them do it consciously. Let them make the sacrifice, knowing that this "me and mine" is not the real Self, but only a limitation. But one glimpse of that infinite reality which is behind—one spark of that infinite fire that is the All—represents the present man; the Infinite is his true nature.

What is the utility, the effect, the result, of this knowledge? In these days, we have to measure everything by utility—by how many pounds, shillings, and pence it represents. What right has a person to ask that truth should be judged by the standard of utility or money? Suppose there is no utility, will it be less true? Utility is not the test of truth. Nevertheless, there is the highest utility in this. Happiness, we see, is what everyone is seeking for, but the majority seek it in things which are evanescent and not real. No happiness was ever found in the senses. There never was a person who found happiness in the senses or in enjoyment of the senses. Happiness is only found in the Spirit. Therefore the highest utility for mankind is to find this happiness in the Spirit.

The next point is that ignorance is the great mother of all misery, and the fundamental ignorance is to think that the Infinite weeps and cries, that He is finite. This is the basis of all ignorance that we, the immortal, the ever pure, the perfect Spirit, think that we are little minds, that we are little bodies; it is the mother of all selfishness. As soon as I think that I am a little body, I want to preserve it, to protect it, to keep it nice, at the expense of other bodies; then you and I become separate. As soon as the idea of separation comes, it opens the door to all mischief and leads to all misery. This is the utility that if a very small fractional part of human beings living today can put aside the idea of selfishness, narrowness, and littleness, this earth will become a paradise tomorrow; but with machines and improvements of material knowledge only, it will never be. These only increase misery, as oil poured on fire increases the flame all the more. Without the knowledge of the Spirit, all material knowledge is only adding fuel to fire, only giving into the hands of selfish man one more instrument to take what belongs to others, to live upon the life of others, instead of giving up his life for them.

Is it practical?—is another question. Can it be practised in modern society? Truth does not pay homage to any society, ancient or modern. Society has to pay homage to truth or die. Societies should be moulded upon truth, and truth has not to adjust itself to society. If such a noble truth as unselfishness cannot be practised in society, it is better for man to give up society and go into the forest. That is the daring man.

There are two sorts of courage. One is the courage of facing the cannon. And the other is the courage of spiritual conviction. An Emperor who invaded India was told by his teacher to go and see some of the sages there. After a long search for one, he found a very old man sitting on a block of stone. The Emperor talked with him a little and became very much impressed by his wisdom. He asked the sage to go to his country with him. "No," said the sage, "I am quite satisfied with my forest here." Said the Emperor, "I will give you money, position, wealth, I am the Emperor of the world." "No," replied the man, "I don't care for those things." The Emperor replied, "If you do not go, I will kill you." The man smiled serenely and said, "That is the most foolish thing you ever said, Emperor. You cannot kill me. Me the sun cannot dry, fire cannot burn, sword cannot kill, for I am the birthless, the deathless, the everliving, omnipotent, omnipresent Spirit." This is spiritual boldness, while the other is the courage of a lion or a tiger.

During the Mutiny of 1857 there was a Swami, a very great soul, whom a Mohammedan mutineer stabbed severely. The Hindu mutineers caught and brought the man to the Swami, offering to kill him. But the Swami looked up calmly and said, "My brother, thou art He, thou art He!" and expired. This is another instance. What good is it to talk of the strength of your muscles, of the superiority of your Western institutions, if you cannot make Truth square with your society, if you cannot build up a society into which the highest Truth will fit? What is the good of this boastful talk about your grandeur and greatness, if you stand up and say, "This courage is not practical." Is nothing practical but pounds, shillings, and pence? If so, why boast of your society? That society is the greatest, where the highest truths become practical. That is my opinion; and if society is not fit for the highest truth, make it so; and the sooner, the better.

Stand up, men and women, in this spirit, dare to believe in the Truth, dare to practise the Truth! The world requires a few hundred bold men and women. Practise that boldness which dares know the Truth, which dares show the Truth in life, which does not quake before death, nay, welcomes death, makes a man know that he is the Spirit, that, in the whole universe, nothing can kill him. Then you will be free. Then you will know your real Soul.

"This Ātman is first to be heard, then thought about, and then meditated upon." There is a great tendency in modern times to talk too much of work and decry thought. Doing is very good, but that comes from thinking. Little manifestations of energy through the muscles are called work. But where there is no thought, there will be no work. Fill the brain, therefore, with high thoughts, highest ideals, place them day and night before you, and out of that will come great work. Talk not about impurity, but say that we are pure. We

have hypnotised ourselves into this thought that we are little, that we are born, and that we are going to die, and into a constant state of fear.

There is a story about a lioness, who was big with young, going about in search of prey; and seeing a flock of sheep, she jumped upon them. She died in the effort; and a little baby lion was born, motherless. It was taken care of by the sheep, and the sheep brought it up, and it grew up with them, ate grass, and bleated like the sheep. And although in time it became a big fullgrown lion, it thought it was a sheep. One day another lion came in search of prey and was astonished to find that in the midst of this flock of sheep was a lion, fleeing like the sheep at the approach of danger. He tried to get near the sheep-lion, to tell it that it was not a sheep but a lion; but the poor animal fled at his approach. However, he watched his opportunity and one day found the sheep-lion sleeping. He approached it and said, "You are a lion." "I am a sheep," cried the other lion and could not believe the contrary but bleated. The lion dragged him towards a lake and said, "Look here, here is my reflection and yours." Then came the comparison. It looked at the lion and then at its own reflection, and in a moment came the idea that it was a lion. The lion roared, the bleating was gone.

You are lions, you are souls, pure, infinite, and perfect. The might of the universe is within you. "Why weepest thou, my friend? There is neither birth nor death for thee. Why weepest thou? There is no disease nor misery for thee, but thou art like the infinite sky; clouds of various colours come over it, play for a moment, then vanish. But the sky is ever the same eternal blue."

Why do we see wickedness? There was a stump of a tree, and in the dark, a thief came that way and said, "That is a policeman." A young man waiting for his beloved saw it and thought that it was his sweetheart. A child who had been told ghost stories took it for a ghost and began to shriek. But all the time it was the stump of a tree. We see the world as we are. Suppose there is a baby in a room with a bag of gold on the table and a thief comes and steals the gold. Would the baby know it was stolen? That which we have inside, we see outside. The baby has no thief inside and sees no thief outside. So with all knowledge.

Do not talk of the wickedness of the world and all its sins. Weep that you are bound to see wickedness yet. Weep that you are bound to see sin everywhere, and if you want to help the world, do not condemn it. Do not weaken it more. For what is sin and what is misery, and what are all these, but the results of weakness? The world is made weaker and weaker every day by such teachings. Men are taught from childhood that they are weak and sinners: Teach them that they are all glorious children of immortality, even those who are the weakest in manifestation. Let positive, strong, helpful thought enter into their brains from very childhood. Lay yourselves open

to these thoughts, and not to weakening and paralysing ones. Say to your own minds, "I am He, I am He." Let it ring day and night in your minds like a song, and at the point of death declare, "I am He." That is the Truth; the infinite strength of the world is yours. Drive out the superstition that has covered your minds. Let us be brave. Know the Truth and practise the Truth. The goal may be distant, but awake, arise, and stop not till the goal is reached.

#### MĀYĀ AND ILLUSION

#### (Delivered in London)

Almost all of you have heard of the word  $M\bar{a}y\bar{a}$ . Generally it is used, though incorrectly, to denote illusion, or delusion, or some such thing. But the theory of  $M\bar{a}y\bar{a}$  forms one of the pillars upon which the Vedānta rests; it is, therefore, necessary that it should be properly understood. I ask a little patience of you, for there is a great danger of its being misunderstood.

The oldest idea of *Māyā* that we find in Vedic literature is the sense of delusion; but then the real theory had not been reached. We find such passages as, "Indra through his Māyā assumed various forms." Here it is true that the word Māyā means something like magic, and we find various other passages, always taking the same meaning. The word Māyā then dropped out of sight altogether. But in the meantime the idea was developing. Later, the question was raised: "Why can't we know this secret of the universe?" And the answer given was very significant: "Because we talk in vain, and because we are satisfied with the things of the senses, and because we are running after desires; therefore, we, as it were, cover the Reality with a mist." Here the word *Māyā* is not used at all, but we get the idea that the cause of our ignorance is a kind of mist that has come between us and the Truth. Much later on, in one of the latest Upanisads, we find the word  $M\bar{a}y\bar{a}$  reappearing, but this time, a transformation has taken place in it, and a mass of new meaning has attached itself to the word. Theories had been propounded and repeated, others had been taken up, until at last the idea of Māyā became fixed. We read in the Svetāśvatara Upanisad, "Know nature to be Māyā and the Ruler of this Māyā is the Lord Himself."

Coming to later philosophers, we find that this word Māyā has been manipulated in various fashions, until we come to the great Śankarāchārya. The theory of Māyā was manipulated a little by the Buddhists too, but in the hands of the Buddhists it became very much like what is called Idealism, and that is the meaning that is now generally given to the word  $M\bar{a}y\bar{a}$ .

When the Hindu says the world is  $M\bar{a}\gamma\bar{a}$ , at once people get the idea that the world is an illusion. This interpretation has some basis, as coming through

the Buddhistic philosophers, because there was one section of philosophers who did not believe in the external world at all. But the  $M\bar{a}y\bar{a}$  of the Vedānta, in its last developed form, is neither Idealism nor Realism, nor is it a theory. It is a simple statement of facts—what we are and what we see around us.

As I have told you before, the minds of the people from whom the Vedas came were intent upon following principles, discovering principles. They had no time to work upon details or to wait for them; they wanted to go deep into the heart of things. Something beyond was calling them, as it were, and they could not wait. Scattered through the Upanisads, we find that the details of subjects which we now call modern sciences are often very erroneous, but, at the same time, their principles are correct. For instance, the idea of ether, which is one of the latest theories of modern science, is to be found in our ancient literature in forms much more developed than is the modern scientific theory of ether today, but it was in principle. When they tried to demonstrate the workings of that principle, they made many mistakes. The theory of the all-pervading life principle, of which all life in this universe is but a differing manifestation, was understood in Vedic times; it is found in the *Brāhmanas*. There is a long hymn in the Samhītas in praise of prāna of which all life is but a manifestation. By the by, it may interest some of you to know that there are theories in the Vedic philosophy about the origin of life on this earth very similar to those which have been advanced by some modern European scientists. You, of course, all know that there is a theory that life came from other planets. It is a settled doctrine with some Vedic philosophers that life comes in this way from the moon.

Coming to the principles, we find these Vedic thinkers very courageous and wonderfully bold in propounding large and generalised theories. Their solution of the mystery of the universe, from the external world, was as satisfactory as it could be. The detailed workings of modern science do not bring the question one step nearer to solution, because the principles have failed. If the theory of ether failed in ancient times to give a solution of the mystery of the universe, working out the details of that ether theory would not bring us much nearer to the truth. If the theory of all-pervading life failed as a theory of this universe, it would not mean anything more if worked out in detail, for the details do not change the principle of the universe. What I mean is that in their inquiry into the principle, the Hindu thinkers were as bold, and in some cases, much bolder than the moderns. They made some of the grandest generalisations that have yet been reached, and some still remain as theories, which modern science has yet to get even as theories. For instance, they not only arrived at the ether theory, but went beyond and classified mind also as a still more rarefied ether. Beyond that again, they found a still more rarefied ether. Yet that was no solution, it did not solve the problem. No amount of knowledge of the external world could solve the problem.

"But," says the scientist, "we are just beginning to know a little: wait a few thousand years and we shall get the solution." "No," says the Vedantist, for he has proved beyond all doubt that the mind is limited, that it cannot go beyond certain limits—beyond time, space, and causation. As no man can jump out of his own self, so no man can go beyond the limits that have been put upon him by the laws of time and space. Every attempt to solve the laws of causation, time, and space would be futile, because the very attempt would have to be made by taking for granted the existence of these three. What does the statement of the existence of the world mean, then? "This world has no existence." What is meant by that? It means that it has no absolute existence. It exists only in relation to my mind, to your mind, and to the mind of everyone else. We see this world with the five senses, but if we had another sense. we would see in it something more. If we had yet another sense, it would appear as something still different. It has, therefore, no real existence; it has no unchangeable, immovable, infinite existence. Nor can it be called nonexistence, seeing that it exists, and we have to work in and through it. It is a mixture of existence and non-existence.

Coming from abstractions to the common, everyday details of our lives, we find that our whole life is a contradiction, a mixture of existence and nonexistence. There is this contradiction in knowledge. It seems that man can know everything, if he only wants to know; but before he has gone a few steps, he finds an adamantine wall which he cannot pass. All his work is in a circle, and he cannot go beyond that circle. The problems which are nearest and dearest to him are impelling him on and calling, day and night, for a solution, but he cannot solve them, because he cannot go beyond his intellect. And yet that desire is implanted strongly in him. Still we know that the only good is to be obtained by controlling and checking it. With every breath, every impulse of our heart asks us to be selfish. At the same time, there is some power beyond us which says that it is unselfishness alone which is good. Every child is a born optimist; he dreams golden dreams. In youth he becomes still more optimist. It is hard for a young man to believe that there is such a thing as death, such a thing as defeat or degradation. Old age comes, and life is a mass of ruins. Dreams have vanished into the air, and the man becomes a pessimist. Thus we go from one extreme to another, buffeted by nature, without knowing where we are going.

I am reminded of a celebrated song in the *Lalita Vistara*, the biography of Buddha. Buddha was born, says the book, as the saviour of mankind, but he forgot himself in the luxuries of his palace. Some angels came and sang a song to rouse him. And the burden of the whole song is that we are floating down the river of life which is continually changing with no stop and no rest. So are our lives, going on and on without knowing any rest. What are we to

do? The man who has enough to eat and drink is an optimist, and he avoids all mention of misery, for it frightens him. Tell not to him of the sorrows and the sufferings of the world; go to him and tell that it is all good. "Yes, I am safe," says he. "Look at me! I have a nice house to live in, I do not fear cold and hunger; therefore do not bring these horrible pictures before me." But, on the other hand, there are others dying of cold and hunger. If you go and teach them that it is all good, they will not hear you. How can they wish others to be happy when they are miserable? Thus we are oscillating between optimism and pessimism.

Then, there is the tremendous fact of death. The whole world is going towards death; everything dies. All our progress, our vanities, our reforms, our luxuries, our wealth, our knowledge, have that one end—death. That is all that is certain. Cities come and go, empires rise and fall, planets break into pieces and crumble into dust, to be blown about by the atmospheres of other planets. Thus it has been going on from time without beginning. Death is the end of everything. Death is the end of life, of beauty, of wealth, of power, of virtue too. Saints die and sinners die, kings die and beggars die. They are all going to death, and yet this tremendous clinging on to life exists. Somehow, we do not know why, we cling to life; we cannot give it up. And this is  $M\bar{a}y\bar{a}$ .

The mother is nursing a child with great care; all her soul, her life, is in that child. The child grows, becomes a man, and perchance becomes a blackguard and a brute, kicks her and beats her every day; and yet the mother clings to the child; and when her reason awakes, she covers it up with the idea of love. She little thinks that it is not love, that it is something which has got hold of her nerves, which she cannot shake off; however she may try, she cannot shake off the bondage she is in. And this is  $M\bar{a}y\bar{a}$ .

We are all after the Golden Fleece. Everyone of us thinks that this will be his. Every reasonable man sees that his chance is, perhaps, one in twenty millions, yet everyone struggles for it. And this is  $M\bar{a}y\bar{a}$ .

Death is stalking day and night over this earth of ours, but at the same time we think we shall live eternally. A question was once asked of King Yudhishthira. "What is the most wonderful thing on this earth?" And the king replied, "Every day people are dying around us, and yet men think they will never die." And this is  $M\bar{a}y\bar{a}$ .

These tremendous contradictions in our intellect, in our knowledge, yea, in all the facts of our life, face us on all sides. A reformer arises and wants to remedy the evils that are existing in a certain nation; and before they have been remedied, a thousand other evils arise in another place. It is like an old house that is falling; you patch it up in one place and the ruin extends to another. In India, our reformers cry and preach against the evils of enforced widowhood. In the West, non-marriage is the great evil. Help the unmarried

on one side; they are suffering. Help the widows on the other; they are suffering. It is like chronic rheumatism: you drive it from the head, and it goes to the body; you drive it from there, and it goes to the feet. Reformers arise and preach that learning, wealth, and culture should not be in the hands of a select few; and they do their best to make them accessible to all. These may bring more happiness to some, but, perhaps, as culture comes, physical happiness lessens. The knowledge of happiness brings the knowledge of unhappiness. Which way then shall we go? The least amount of material prosperity that we enjoy is causing the same amount of misery elsewhere. This is the law. The young, perhaps, do not see it clearly, but those who have lived long enough and those who have struggled enough will understand it. And this is  $M\bar{a}y\bar{a}$ .

These things are going on, day and night, and to find a solution of this problem is impossible. Why should it be so? It is impossible to answer this, because the question cannot be logically formulated. There is neither *how* nor *why* in fact; we only know that it *is* and that we cannot help it. Even to grasp it, to draw an exact image of it in our own mind, is beyond our power. How can we solve it then?

 $M\bar{a}y\bar{a}$  is a statement of the fact of this universe, of how it is going on. People generally get frightened when these things are told to them. But bold we must be. Hiding facts is not the way to find a remedy. As you all know, a hare hunted by dogs puts its head down and thinks itself safe; so, when we run into optimism, we do just like the hare, but that is no remedy. There are objections against this, but you may remark that they are generally from people who possess many of the good things of life. In this country (England) it is very difficult to become a pessimist. Everyone tells me how wonderfully the world is going on, how progressive; but what he himself is is his own world. Old questions arise; Christianity must be the only true religion of the world, because Christian nations are prosperous! But that assertion contradicts itself, because the prosperity of the Christian nations depends on the misfortune of non-Christian nations. There must be some to prey on. Suppose the whole world were to become Christian, then the Christian nations would become poor, because there would be no non-Christian nations for them to prey upon. Thus the argument kills itself. Animals are living upon plants, men upon animals and, worst of all, upon one another, the strong upon the weak. This is going on everywhere. And this is  $M\bar{a}y\bar{a}$ .

What solution do you find for this? We hear every day many explanations, and are told that in the long run all will be good. Taking it for granted that this is possible, why should there be this diabolical way of doing good? Why cannot good be done through good, instead of through these diabolical methods? The descendants of the human beings of today will be happy; but why must there be all this suffering now? There is no solution. This is  $M\bar{a}y\bar{a}$ .

Again, we often hear that it is one of the features of evolution that it eliminates evil, and this evil being continually eliminated from the world, at last only good will remain. That is very nice to hear; and it panders to the vanity of those who have enough of this world's goods, who have not a hard struggle to face every day and are not being crushed under the wheel of this so-called evolution. It is very good and comforting indeed to such fortunate ones. The common herd may suffer, but they do not care; let them die, they are of no consequence. Very good, yet this argument is fallacious from beginning to end. It takes for granted, in the first place, that manifested good and evil in this world are two absolute realities. In the second place, it makes a still worse assumption that the amount of good is an increasing quantity and the amount of evil is a decreasing quantity. So, if evil is being eliminated in this way by what they call evolution, there will come a time when all this evil will be eliminated and what remains will be all good. Very easy to say, but can it be proved that evil is a lessening quantity?

Take, for instance, the man who lives in a forest, who does not know how to cultivate the mind, cannot read a book, has not heard of such a thing as writing. If he is severely wounded, he is soon all right again; while we die if we get a scratch. Machines are making things cheap, making for progress and evolution, but millions are crushed, that one may become rich; while one becomes rich, thousands at the same time become poorer and poorer, and whole masses of human beings are made slaves. That is the way it is going on.

The animal man lives in the senses. If he does not get enough to eat, he is miserable; or if something happens to his body, he is miserable. In the senses both his misery and his happiness begin and end. As soon as this man progresses, as soon as his horizon of happiness increases, his horizon of unhappiness increases proportionately. The man in the forest does not know what it is to be jealous, to be in the law courts, to pay taxes, to be blamed by society, to be ruled over day and night by the most tremendous tyranny that human diabolism ever invented, which pries into the secrets of every human heart. He does not know how man becomes a thousand times more diabolical than any other animal, with all his vain knowledge and with all his pride. Thus it is that, as we emerge out of the senses, we develop higher powers of enjoyment, and at the same time we have to develop higher powers of suffering too. The nerves become finer and capable of more suffering. In every society, we often find that the ignorant, common man, when abused, does not feel much, but he feels a good thrashing. But the gentleman cannot bear a single word of abuse; he has become so finely nerved. Misery has increased with his susceptibility to happiness. This does not go much to prove the evolutionist's case.

As we increase our power to be happy, we also increase our power to suffer, and sometimes I am inclined to think that if we increase our power to

become happy in arithmetical progression, we shall increase, on the other hand, our power to become miserable in geometrical progression. We who are progressing know that the more we progress, the more avenues are opened to pain as well as to pleasure. And this is  $M\bar{a}y\bar{a}$ .

Thus we find that  $M\bar{a}y\bar{a}$  is not a theory for the explanation of the world: it is simply a statement of facts as they exist, that the very basis of our being is contradiction, that everywhere we have to move through this tremendous contradiction that wherever there is good, there must also be evil, and wherever there is evil, there must be some good, wherever there is life, death must follow as its shadow, and everyone who smiles will have to weep, and vice versa. Nor can this state of things be remedied. We may verily imagine that there will be a place where there will be only good and no evil, where we shall only smile and never weep. This is impossible in the very nature of things; for the conditions will remain the same. Wherever there is the power of producing a smile in us there lurks the power of producing tears. Wherever there is the power of producing happiness, there lurks somewhere the power of making us miserable.

Thus the Vedānta philosophy is neither optimistic nor pessimistic. It voices both these views and takes things as they are. It admits that this world is a mixture of good and evil, happiness and misery, and that to increase the one, one must of necessity increase the other. There will never be a perfectly good or bad world, because the very idea is a contradiction in terms. The great secret revealed by this analysis is that good and bad are not two cut-and-dried, separate existences. There is not one thing in this world of ours which you can label as good and good alone, and there is not one thing in the universe which you can label as bad and bad alone. The very same phenomenon which is appearing to be good now, may appear to be bad tomorrow. The same thing which is producing misery in one, may produce happiness in another. The fire that burns the child, may cook a good meal for a starving man. The same nerves that carry the sensations of misery carry also the sensations of happiness.

The only way to stop evil, therefore, is to stop good also; there is no other way. To stop death, we shall have to stop life also. Life without death and happiness without misery are contradictions, and neither can be found alone, because each of them is but a different manifestation of the same thing.

What I thought to be good yesterday, I do not think to be good now. When I look back upon my life and see what were my ideals at different times, I find this to be so. At one time my ideal was to drive a strong pair of horses; at another time I thought, if I could make a certain kind of sweetmeat, I should be perfectly happy; later I imagined that I should be entirely satisfied if I had a wife and children and plenty of money. Today I laugh at all these ideals

as mere childish nonsense. Vedānta says, there must come a time when we shall look back and laugh at the ideals which make us afraid of giving up our individuality. Each one of us wants to keep this body for an indefinite time, thinking we shall be very happy, but there will come a time when we shall laugh at this idea.

Now, if such be the truth, we are in a state of hopeless contradiction neither existence nor non-existence, neither misery nor happiness, but a mixture of them. What, then, is the use of Vedanta and all other philosophies and religions? And, above all, what is the use of doing good work? This is a question that comes to the mind. If it be true that you cannot do good without doing evil, and whenever you try to create happiness there will always be misery, people will ask you, "What is the use of doing good?" The answer is, in the first place, that we must work for lessening misery, for that is the only way to make ourselves happy. Every one of us finds it out sooner or later in our lives. The bright ones find it out a little earlier, and the dull ones a little later. The dull ones pay very dearly for the discovery and the bright ones less dearly. In the second place, we must do our part, because that is the only way of getting out of this life of contradiction. Both the forces of good and evil will keep the universe alive for us, until we awake from our dreams and give up this building of mud pies. That lesson we shall have to learn, and it will take a long, long time to learn it.

Attempts have been made in Germany to build a system of philosophy on the basis that the Infinite has become the finite. Such attempts are also made in England. And the analysis of the position of these philosophers is this, that the Infinite is trying to express itself in this universe, and that there will come a time when the Infinite will succeed in doing so. It is all very well, and we have used the words *Infinite* and *manifestation* and *expression*, and so on, but philosophers naturally ask for a logical fundamental basis for the statement that the finite can fully express the Infinite. The Absolute and the Infinite can become this universe only by limitation. Everything must be limited that comes through the senses, or through the mind, or through the intellect; and for the limited to be the unlimited is simply absurd, and can never be.

Vedānta, on the other hand, says that it is true that the Absolute or the Infinite is trying to express itself in the finite, but there will come a time when it will find that it is impossible, and it will then have to beat a retreat, and this beating a retreat means renunciation which is the real beginning of religion. Nowadays it is very hard even to talk of renunciation. It was said of me in America that I was a man who came out of a land that had been dead and buried for five thousand years, and talked of renunciation. So says, perhaps, the English philosopher. Yet it is true that that is the only path to religion. Renounce and give up. What did Christ say? "He that loseth his life for my

sake shall find it." Again and again did he preach renunciation as the only way to perfection.

There comes a time when the mind awakes from this long and dreary dream—the child gives up its play and wants to go back to its mother. It finds the truth of the statement, "Desire is never satisfied by the enjoyment of desires, it only increases the more, as fire when butter is poured upon it." This is true of all sense-enjoyments, of all intellectual enjoyments, and of all the enjoyments of which the human mind is capable. They are nothing, they are within  $M\bar{a}y\bar{a}$ , within this network beyond which we cannot go. We may run therein through infinite time and find no end, and whenever we struggle to get a little enjoyment, a mass of misery falls upon us. How awful is this! And when I think of it, I cannot but consider that this theory of  $M\bar{a}y\bar{a}$ , this statement that it is all  $M\bar{a}y\bar{a}$ , is the best and only explanation.

What an amount of misery there is in this world, and if you travel among various nations, you will find that one nation attempts to cure its evils by one means, and another by another. The very same evil has been taken up by various races, and attempts have been made in various ways to check it, yet no nation has succeeded. If it has been minimised at one point, a mass of evil has been crowded at another point. Thus it goes.

The Hindus, to keep up a high standard of chastity in the race, have sanctioned child-marriage, which in the long run has degraded the race. At the same time, I cannot deny that this child-marriage makes the race more chaste. What would you have? If you want the nation to be more chaste, you weaken men and women physically by child-marriage. On the other hand, are you in England any better off? No, because chastity is the life of a nation. Do you not find in history that the first death-sign of a nation has been unchastity? When that has entered, the end of the race is in sight. Where shall we get a solution of these miseries then? If parents select husbands and wives for their children, then this evil is minimised. The daughters of India are more practical than sentimental. But very little of poetry remains in their lives. Again, if people select their own husbands and wives, that does not seem to bring much happiness. The Indian woman is generally very happy; there are not many cases of quarrelling between husband and wife. On the other hand, in the United States, where the greatest liberty obtains, the number of unhappy homes and marriages is large.

Unhappiness is here, there, and everywhere. What does it show? That, after all, not much happiness has been gained by all these ideals. We all struggle for happiness, and as soon as we get a little happiness on one side, on the other side there comes unhappiness.

Shall we not work to do good then? Yes, with more zest than ever, but what this knowledge will do for us is to break down our fanaticism. The

Englishman will no more be a fanatic and curse the Hindu. He will learn to respect the customs of different nations. There will be less of fanaticism and more of real work. Fanatics cannot work, they waste three-fourths of their energy. It is the level-headed, calm, practical man who works. So, the power to work will increase from this idea. Knowing that this is the state of things, there will be more patience. The sight of misery or of evil will not be able to throw us off our balance and make us run after shadows. Therefore, patience will come to us, knowing that the world will have to go on in its own way. If, for instance, all men have become good, the animals will have in the meantime evolved into men, and will have to pass through the same state, and so with the plants.

But only one thing is certain; the mighty river is rushing towards the ocean, and all the drops that constitute the stream will in time be drawn into that boundless ocean. So, in this life, with all its miseries and sorrows, its joys and smiles and tears, one thing is certain, that all things are rushing towards their goal, and it is only a question of time when you and I, and plants and animals, and every particle of life that exists must reach the Infinite Ocean of Perfection, must attain to Freedom, to God.

Let me repeat, once more, that the Vedāntic position is neither pessimism nor optimism. It does not say that this world is all evil or all good. It says that our evil is of no less value than our good, and our good of no more value than our evil. They are bound together. This is the world, and knowing this, you work with patience.

What for? Why should we work? If this is the state of things, what shall we do? Why not become agnostics? The modern agnostics also know there is no solution of this problem, no getting out of this evil of Māyā, as we say in our language; therefore they tell us to be satisfied and enjoy life. Here, again, is a mistake, a tremendous mistake, a most illogical mistake. And it is this. What do you mean by life? Do you mean only the life of the senses? In this, every one of us differs only slightly from the brutes. I am sure that no one is present here whose life is only in the senses. Then, this present life means something more than that. Our feelings, thoughts, and aspirations are all part and parcel of our life; and is not the struggle towards the great ideal, towards perfection, one of the most important components of what we call life? According to the agnostics, we must enjoy life as it is. But this life means, above all, this search after the ideal; the essence of life is going towards perfection. We must have that, and, therefore, we cannot be agnostics or take the world as it appears. The agnostic position takes this life, *minus* the ideal component, to be all that exists. And this, the agnostic claims, cannot be reached, therefore he must give up the search.

This is what is called  $M\bar{a}y\bar{a}$ —this nature, this universe. All religions are more or less attempts to get beyond nature—the crudest or the most

developed, expressed through mythology or symbology, stories of gods, angels or demons, or through stories of saints or seers, great men or prophets, or through the abstractions of philosophy—all have that one object, all are trying to get beyond these limitations. In one word, they are all struggling towards freedom.

Man feels, consciously or unconsciously, that he is bound; he is not what he wants to be. It was taught to him at the very moment he began to look around. That very instant he learnt that he was bound, and he also found that there was something in him which wanted to fly beyond, where the body could not follow, but which was as yet chained down by this limitation. Even in the lowest of religious ideas, where departed ancestors and other spirits—mostly violent and cruel, lurking about the houses of their friends, fond of bloodshed and strong drink—are worshipped, even there we find that one common factor, that of freedom. The man who wants to worship the gods sees in them, above all things, greater freedom than in himself. If a door is closed, he thinks the gods can get through it, and that walls have no limitations for them. This idea of freedom increases until it comes to the ideal of a Personal God, of which the central concept is that He is a Being beyond the limitation of nature, of  $M\bar{a}y\bar{a}$ .

I see before me, as it were, that in some of those forest retreats this question is being discussed by those ancient sages of India; and in one of them, where even the oldest and the holiest fail to reach the solution, a young man stands up in the midst of them, and declares, "Hear, ye children of immortality, hear, ye who live in the highest places, I have found the way. By knowing Him who is beyond darkness we can go beyond death."

This  $M\bar{a}y\bar{a}$  is everywhere. It is terrible. Yet we have to work through it. The man who says that he will work when the world has become all good and then he will enjoy bliss is as likely to succeed as the man who sits beside the Ganga and says, "I will ford the river when all the water has run into the ocean." The way is not with Māyā, but against it. This is another fact to learn. We are not born as helpers of nature, but competitors with nature. We are its bond-masters, but we bind ourselves down. Why is this house here? Nature did not build it. Nature says, go and live in the forest. Man says, I will build a house and fight with nature, and he does so. The whole history of humanity is a continuous fight against the so-called laws of nature, and man gains in the end. Coming to the internal world, there too the same fight is going on, this fight between the animal man and the spiritual man, between light and darkness; and here too man becomes victorious. He, as it were, cuts his way out of nature to freedom. We see, then, that beyond this Māyā the Vedāntic philosophers find something which is not bound by Māyā; and if we can get there, we shall not be bound by Māyā. This idea is in some form or other the common property of all religions. But, with the Vedānta, it is only the beginning of religion and not the end. The idea of a Personal God, the Ruler and Creator of this universe, as He has been styled, the Ruler of  $M\bar{a}y\bar{a}$ , or nature, is not the end of these Vedāntic ideas; it is only the beginning. The idea grows and grows until the Vedāntist finds that He who, he thought, was standing outside, is he himself and is in reality within. He is the one who is free, but who through limitation thought he was bound.

# $M\overline{A}Y\overline{A}$ AND THE EVOLUTION OF THE CONCEPTION OF GOD

(Delivered in London, 20th October 1896)

WE HAVE SEEN how the idea of  $M\bar{a}\gamma\bar{a}$ , which forms, as it were, one of the basic doctrines of the Advaita Vedānta, is, in its germ, found even in the Samhitās, and that in reality all the ideas which are developed in the Upaniṣads are to be found already in the  $Samh\bar{t}tas$  in some form or other. Most of you are by this time familiar with the idea of  $M\bar{a}\gamma\bar{a}$ , and know that it is sometimes erroneously explained as illusion, so that when the universe is said to be  $M\bar{a}\gamma\bar{a}$ , that also has to be explained as being illusion. The translation of the word is neither happy nor correct.  $M\bar{a}\gamma\bar{a}$  is not a theory; it is simply a statement of facts about the universe as it exists, and to understand  $M\bar{a}\gamma\bar{a}$  we must go back to the  $Samh\bar{t}tas$  and begin with the conception in the germ.

We have seen how the idea of the Devas came. At the same time we know that these Devas were at first only powerful beings, nothing more. Most of you are horrified when reading the old scriptures, whether of the Greeks, the Hebrews, the Persians, or others, to find that the ancient gods sometimes did things which, to us, are very repugnant. But when we read these books, we entirely forget that we are persons of the nineteenth century, and these gods were beings existing thousands of years ago. We also forget that the people who worshipped these gods found nothing incongruous in their characters, found nothing to frighten them, because they were very much like themselves.

I may also remark that that is the one great lesson we have to learn throughout our lives. In judging others we always judge them by our own ideals. That is not as it should be. Everyone must be judged according to his own ideal, and not by that of anyone else. In our dealings with our fellow-beings we constantly labour under this mistake, and I am of opinion that the vast majority of our quarrels with one another arise simply from this one cause that we are always trying to judge others' gods by our own, others' ideals by our ideals, and others' motives by our motives. Under certain circumstances I might do a certain thing, and when I see another person taking the same course I think

he has also the same motive actuating him, little dreaming that although the effect may be the same, yet many other causes may produce the same thing. He may have performed the action with quite a different motive from that which impelled me to do it. So in judging of those ancient religions we must not take the standpoint to which we incline, but must put ourselves into the position of thought and life of those early times.

The idea of the cruel and ruthless Jehovah in the Old Testament has frightened many—but why? What right have they to assume that the Jehovah of the ancient Jews must represent the conventional idea of the God of the present day? And at the same time, we must not forget that there will come men after us who will laugh at our ideas of religion and God in the same way that we laugh at those of the ancients. Yet, through all these various conceptions runs the golden thread of unity, and it is the purpose of the Vedānta to discover this thread. "I am the thread that runs through all these various ideas, each one of which is like a pearl," says the Lord Krishna; and it is the duty of Vedānta to establish this connecting thread, however incongruous or disgusting may seem these ideas when judged according to the conceptions of today.

These ideas in the setting of past times were harmonious, and not more hideous than our present ideas. It is only when we try to take them out of their settings and apply to our own present circumstances that the hideousness becomes obvious. For the old surroundings are dead and gone. Just as the ancient Jew has developed into the keen, modern, sharp Jew, and the ancient āryan into the intellectual Hindu, similarly Jehovah has grown, and Devas have grown. The great mistake is in recognising the evolution of the worshippers, while we do not acknowledge the evolution of the Worshipped. He is not credited with the advance that his devotees have made. That is to say, you and I, as representing ideas, have grown; these gods also, as representing ideas, have grown.

This may seem somewhat curious to you—that God can grow. He cannot. He is unchangeable. In the same sense the real man never grows. But man's ideas of God are constantly changing and expanding. We shall see later on how the real man behind each one of these human manifestations is immovable, unchangeable, pure, and always perfect; and in the same way the idea that we form of God is a mere manifestation, our own creation. Behind that is the real God who never changes, the ever pure, the immutable. But the manifestation is always changing, revealing the reality behind more and more. When it reveals more of the fact behind, it is called progression, when it hides more of the fact behind, it is called retrogression. Thus, as we grow, so the gods grow. From the ordinary point of view, just as we reveal ourselves as we evolve, so the gods reveal themselves.

We shall now be in a position to understand the theory of  $M\bar{a}\gamma\bar{a}$ . In all the religions of the world the one question they propose to discuss is this: Why

is there disharmony in the universe? Why is there this evil in the universe? We do not find this question in the very inception of primitive religious ideas, because the world did not appear incongruous to the primitive man. Circumstances were not inharmonious for him; there was no clash of opinions; to him there was no antagonism of good and evil. There was merely a feeling in his own heart of something which said yea, and something which said nay. The primitive man was a man of impulse. He did what occurred to him, and tried to bring out through his muscles whatever thought came into his mind, and he never stopped to judge, and seldom tried to check his impulses. So with the gods, they were also creatures of impulse. Indra comes and shatters the forces of the demons. Jehovah is pleased with one person and displeased with another, for what reason no one knows or asks. The habit of inquiry had not then arisen, and whatever he did was regarded as right. There was no idea of good or evil. The Devas did many wicked things in our sense of the word; again and again Indra and other gods committed very wicked deeds, but to the worshippers of Indra the ideas of wickedness and evil did not occur, so they did not question them.

With the advance of ethical ideas came the fight. There arose a certain sense in man, called in different languages and nations by different names. Call it the voice of God, or the result of past education, or whatever else you like, but the effect was this that it had a checking power upon the natural impulses of man. There is one impulse in our minds which says, do. Behind it rises another voice which says, do not. There is one set of ideas in our mind which is always struggling to get outside through the channels of the senses, and behind that, although it may be thin and weak, there is an infinitely small voice which says, do not go outside. The two beautiful Sanskrit words for these phenomena are *Pravṛṭṭ* and *Nivṛṭṭṭ*, "circling forward" and "circling inward". It is the circling forward which usually governs our actions. Religion begins with this circling inward. Religion begins with this "do not". Spirituality begins with this "do not". When the "do not" is not there, religion has not begun. And this "do not" came, causing men's ideas to grow, despite the fighting gods which they had worshipped.

A little love awoke in the hearts of mankind. It was very small indeed, and even now it is not much greater. It was at first confined to a tribe, embracing perhaps members of the same tribe; these gods loved their tribes and each god was a tribal god, the protector of that tribe. And sometimes the members of a tribe would think of themselves as the descendants of their god, just as the clans in different nations think that they are the common descendants of the man who was the founder of the clan. There were in ancient times, and are even now, some people who claim to be descendants not only of these tribal gods, but also of the Sun and the Moon. You read in the ancient Sanskrit

books of the great heroic emperors of the solar and the lunar dynasties. They were first worshippers of the Sun and the Moon, and gradually came to think of themselves as descendants of the god of the Sun, of the Moon, and so forth. So when these tribal ideas began to grow there came a little love, some slight idea of duty towards each other, a little social organisation. Then, naturally, the idea came: How can we live together without bearing and forbearing? How can one man live with another without having sometime or other to check his impulses, to restrain himself, to forbear from doing things which his mind would prompt him to do? It is impossible. Thus comes the idea of restraint. The whole social fabric is based upon that idea of restraint, and we all know that the man or woman who has not learnt the great lesson of bearing and forbearing leads a most miserable life.

Now, when these ideas of religion came, a glimpse of something higher, more ethical, dawned upon the intellect of mankind. The old gods were found to be incongruous—these boisterous, fighting, drinking, beef-eating gods of the ancients—whose delight was in the smell of burning flesh and libations of strong liquor. Sometimes Indra drank so much that he fell upon the ground and talked unintelligibly. These gods could no longer be tolerated. The notion had arisen of inquiring into motives, and the gods had to come in for their share of inquiry. Reason for such-and-such actions was demanded and the reason was wanting. Therefore man gave up these gods, or rather they developed higher ideas concerning them. They took a survey, as it were, of all the actions and qualities of the gods and discarded those which they could not harmonise, and kept those which they could understand, and combined them, labelling them with one name, Deva-deva, the God of gods. The god to be worshipped was no more a simple symbol of power; something more was required than that. He was an ethical god; he loved mankind, and did good to mankind. But the idea of god still remained. They increased his ethical significance, and increased also his power. He became the most ethical being in the universe, as well as almost almighty.

But all this patchwork would not do. As the explanation assumed greater proportions, the difficulty which it sought to solve did the same. If the qualities of the god increased in arithmetical progression, the difficulty and doubt increased in geometrical progression. The difficulty of Jehovah was very little beside the difficulty of the God of the universe, and this question remains to the present day. Why under the reign of an almighty and all-loving God of the universe should diabolical things be allowed to remain? Why so much more misery than happiness, and so much more wickedness than good?

We may shut our eyes to all these things, but the fact still remains that this world is a hideous world. At best, it is the hell of Tantalus. Here we are with strong impulses and stronger cravings for sense-enjoyments, but cannot

satisfy them. There rises a wave which impels us forward in spite of our own will, and as soon as we move one step, comes a blow. We are all doomed to live here like Tantalus. Ideals come into our head far beyond the limit of our sense-ideals, but when we seek to express them, we cannot do so. On the other hand, we are crushed by the surging mass around us. Yet if I give up all ideality and merely struggle through this world, my existence is that of a brute, and I degenerate and degrade myself. Neither way is happiness. Unhappiness is the fate of those who are content to live in this world, born as they are. A thousand times greater misery is the fate of those who dare to stand forth for truth and for higher things and who dare to ask for something higher than mere brute existence here.

These are facts; but there is no explanation—there cannot be any explanation. But the Vedānta shows the way out. You must bear in mind that I have to tell you facts that will frighten you sometimes, but if you remember what I say, think of it, and digest it, it will be yours, it will raise you higher, and make you capable of understanding and living in truth.

Now, it is a statement of fact that this world is a Tantalus's hell, that we do not know anything about this universe, yet at the same time we cannot say that we do not know. I cannot say that this chain exists, when I think that I do not know it. It may be an entire delusion of my brain. I may be dreaming all the time. I am dreaming that I am talking to you, and that you are listening to me. No one can prove that it is not a dream. My brain itself may be a dream, and as to that no one has ever seen his own brain. We all take it for granted. So it is with everything. My own body I take for granted. At the same time I cannot say, I do not know.

This standing between knowledge and ignorance, this mystic twilight, the mingling of truth and falsehood—and where they meet—no one knows. We are walking in the midst of a dream, half sleeping, half waking, passing all our lives in a haze; this is the fate of every one of us. This is the fate of all sense-knowledge. This is the fate of all philosophy, of all boasted science, of all boasted human knowledge. This is the universe.

What you call matter, or spirit, or mind, or anything else you may like to call them, the fact remains the same: we cannot say that they are, we cannot say that they are not. We cannot say they are one, we cannot say they are many. This eternal play of light and darkness—indiscriminate, indistinguishable, inseparable—is always there. A fact, yet at the same time not a fact; awake, and at the same time asleep. This is a statement of facts, and this is what is called  $M\bar{a}y\bar{a}$ .

We are born in this  $M\bar{a}\gamma\bar{a}$ , we live in it, we think in it, we dream in it. We are philosophers in it, we are spiritual men in it, nay, we are devils in this  $M\bar{a}\gamma\bar{a}$ , and we are gods in this  $M\bar{a}\gamma\bar{a}$ . Stretch your ideas as far as you can, make

them higher and higher, call them infinite or by any other name you please, even these ideas are within this  $M\bar{a}y\bar{a}$ . It cannot be otherwise, and the whole of human knowledge is a generalisation of this  $M\bar{a}y\bar{a}$ , trying to know it as it appears to be. This is the work of  $N\bar{a}ma-R\bar{u}pa$ —name and form. Everything that has form, everything that calls up an idea in your mind, is within  $M\bar{a}y\bar{a}$ ; for everything that is bound by the laws of time, space, and causation is within  $M\bar{a}y\bar{a}$ .

Let us go back a little to those early ideas of God and see what became of them. We perceive at once that the idea of some Being who is eternally loving us—eternally unselfish and almighty, ruling this universe—could not satisfy. Where is the just, merciful God? asked the philosopher. Does He not see millions and millions of His children perish, in the form of men and animals; for who can live one moment here without killing others? Can you draw a breath without destroying thousands of lives? You live because millions die. Every moment of your life, every breath that you breathe, is death to thousands; every movement that you make is death to millions. Every morsel that you eat is death to millions. Why should they die? There is an old sophism that they are very low existences. Supposing they are—which is questionable, for who knows whether the ant is greater than the man, or the man than the ant—who can prove one way or the other? Apart from that question, even taking it for granted that these are very low beings, still why should they die? If they are low, they have more reason to live. Why not? Because they live more in the senses, they feel pleasure and pain a thousandfold more than you or I can do. Which of us eats a dinner with the same gusto as a dog or wolf? None, because our energies are not in the senses; they are in the intellect, in the spirit. But in animals, their whole soul is in the senses, and they become mad and enjoy things which we human beings never dream of, and the pain is commensurate with the pleasure. Pleasure and pain are meted out in equal measure. If the pleasure felt by animals is so much keener than that felt by man, it follows that the animals' sense of pain is as keen, if not keener, than man's. So the fact is, the pain and misery men feel in dying is intensified a thousandfold in animals, and yet we kill them without troubling ourselves about their misery. This is Māyā.

And if we suppose there is a Personal God like a human being, who made everything, these so-called explanations and theories which try to prove that out of evil comes good are not sufficient. Let twenty thousand good things come, but why should they come from evil? On that principle, I might cut the throats of others because I want the full pleasure of my five senses. That is no reason. Why should good come through evil? The question remains to be answered, and it cannot be answered. The philosophy of India was compelled to admit this.

The Vedānta was (and is) the boldest system of religion. It stopped nowhere, and it had one advantage. There was no body of priests who sought to suppress every man who tried to tell the truth. There was always absolute religious freedom. In India the bondage of superstition is a social one; here in the West society is very free. Social matters in India are very strict, but religious opinion is free. In England a man may dress any way he likes, or eat what he likes—no one objects; but if he misses attending church, then Mrs. Grundy is down on him. He has to conform first to what society says on religion, and then he may think of the truth. In India, on the other hand, if a man dines with one who does not belong to his own caste, down comes society with all its terrible powers and crushes him then and there. If he wants to dress a little differently from the way in which his ancestor dressed ages ago, he is done for. I have heard of a man who was cast out by society because he went several miles to see the first railway train. Well, we shall presume that was not true! But in religion, we find atheists, materialists, and Buddhists, creeds, opinions, and speculations of every phase and variety, some of a most startling character, living side by side. Preachers of all sects go about teaching and getting adherents, and at the very gates of the temples of gods, the Brāhmins—to their credit be it said—allow even the materialists to stand and give forth their opinions.

Buddha died at a ripe old age. I remember a friend of mine, a great American scientist, who was fond of reading his life. He did not like the death of Buddha, because he was not crucified. What a false idea! For a man to be great he must be murdered! Such ideas never prevailed in India. This great Buddha travelled all over India, denouncing her gods and even the God of the universe, and yet he lived to a good old age. For eighty years he lived, and had converted half the country.

Then, there were the Cārvākas, who preached horrible things, the most rank, undisguised materialism, such as in the nineteenth century they dare not openly preach. These Cārvākas were allowed to preach from temple to temple, and city to city, that religion was all nonsense, that it was priestcraft, that the Vedas were the words and writings of fools, rogues, and demons, and that there was neither God nor an eternal soul. If there was a soul, why did it not come back after death drawn by the love of wife and child? Their idea was that if there was a soul it must still love after death, and want good things to eat and nice dress. Yet no one hurt these Cārvākas.

Thus India has always had this magnificent idea of religious freedom, and you must remember that freedom is the first condition of growth. What you do not make free, will never grow. The idea that you can make others grow and help their growth, that you can direct and guide them, always retaining for yourself the freedom of the teacher, is nonsense, a dangerous lie which

has retarded the growth of millions and millions of human beings in this world. Let men have the light of liberty. That is the only condition of growth. We, in India, allowed liberty in spiritual matters, and we have a tremendous spiritual power in religious thought even today. You grant the same liberty in social matters, and so have a splendid social organisation. We have not given any freedom to the expansion of social matters, and ours is a cramped society. You have never given any freedom in religious matters but with fire and sword have enforced your beliefs, and the result is that religion is a stunted. degenerated growth in the European mind. In India, we have to take off the shackles from society; in Europe, the chains must be taken from the feet of spiritual progress. Then will come a wonderful growth and development of man. If we discover that there is one unity running through all these developments, spiritual, moral, and social, we shall find that religion, in the fullest sense of the word, must come into society, and into our everyday life. In the light of Vedānta you will understand that all sciences are but manifestations of religion, and so is everything that exists in this world.

We see, then, that through freedom the sciences were built; and in them we have two sets of opinions, the one the materialistic and denouncing, and the other the positive and constructive. It is a most curious fact that in every society you find them. Supposing there is an evil in society, you will find immediately one group rise up and denounce it in vindictive fashion, which sometimes degenerates into fanaticism. There are fanatics in every society, and women frequently join in these outcries, because of their impulsive nature. Every fanatic who gets up and denounces something can secure a following. It is very easy to break down; a maniac can break anything he likes, but it would be hard for him to build up anything. These fanatics may do some good according to their light, but much more harm. Because social institutions are not made in a day, and to change them means removing the cause. Suppose there is an evil; denouncing it will not remove it, but you must go to work at the root. First find out the cause, then remove it, and the effect will be removed also. Mere outcry will not produce any effect unless indeed it produces misfortune.

There were others who had sympathy in their hearts and who understood the idea that we must go deep into the cause; these were the great saints. One fact you must remember, that all the great teachers of the world have declared that they came not to destroy but to fulfil. Many times this has not been understood, and their forbearance has been thought to be an unworthy compromise with existing popular opinions. Even now, you occasionally hear that these prophets and great teachers were rather cowardly and dared not say and do what they thought was right; but that was not so. Fanatics little understand the infinite power of love in the hearts of these great sages who looked upon

the inhabitants of this world as their children. They were the real fathers, the real gods, filled with infinite sympathy and patience for everyone; they were ready to bear and forbear. They knew how human society should grow, and patiently, slowly, surely, went on applying their remedies, not by denouncing and frightening people, but by gently and kindly leading them upwards step by step. Such were the writers of the Upaniṣads. They knew full well how the old ideas of God were not reconcilable with the advanced ethical ideas of the time; they knew full well that what the atheists were preaching contained a good deal of truth, nay, great nuggets of truth; but at the same time, they understood that those who wished to sever the thread that bound the beads, who wanted to build a new society in the air, would entirely fail.

We never build anew, we simply change places; we cannot have anything new, we only change the position of things. The seed grows into the tree, patiently and gently; we must direct our energies towards the truth, and fulfil the truth that exists, not try to make new truths. Thus, instead of denouncing these old ideas of God as unfit for modern times, the ancient sages began to seek out the reality that was in them. The result was the Vedānta philosophy, and out of the old deities, out of the monotheistic God, the Ruler of the universe, they found yet higher and higher ideas in what is called the Impersonal Absolute; they found oneness throughout the universe.

He who sees in this world of manifoldness that One running through all, in this world of death he who finds that One Infinite Life, and in this world of insentience and ignorance he who finds that One Light and Knowledge, unto him belongs eternal peace. Unto none else, unto none else.

## MĀYĀ AND FREEDOM

## (Delivered in London, 22nd October 1896)

"TRAILING CLOUDS OF glory we come," says the poet. Not all of us come as trailing clouds of glory however; some of us come as trailing black fogs; there can be no question about that. But every one of us comes into this world to fight, as on a battle-field. We come here weeping to fight our way, as well as we can, and to make a path for ourselves through this infinite ocean of life; forward we go, having long ages behind us and an immense expanse beyond. So on we go till death comes and takes us off the field—victorious or defeated, we do not know. And this is  $M\bar{a}y\bar{a}$ .

Hope is dominant in the heart of childhood. The whole world is a golden vision to the opening eyes of the child; he thinks his will is supreme. As he moves onward, at every step nature stands as an adamantine wall, barring his future progress. He may hurl himself against it again and again, striving to break through. The further he goes, the further recedes the ideal till death comes, and there is release, perhaps. And this is  $M\bar{a}y\bar{a}$ .

A man of science rises, he is thirsting after knowledge. No sacrifice is too great, no struggle too hopeless for him. He moves onward discovering secret after secret of nature, searching out the secrets from her innermost heart, and what for? What is it all for? Why should we give him glory? Why should he acquire fame? Does not nature do infinitely more than any human being can do?—and nature is dull, insentient. Why should it be glory to imitate the dull, the insentient? Nature can hurl a thunderbolt of any magnitude to any distance. If a man can do one small part as much, we praise him and laud him to the skies. Why? Why should we praise him for imitating nature, imitating death, imitating dullness, imitating insentience? The force of gravitation can pull to pieces the biggest mass that ever existed; yet it is insentient. What glory is there in imitating the insentient? Yet we are all struggling after that. And this is  $M\bar{a}y\bar{a}$ .

The senses drag the human soul out. Man is seeking for pleasure and for happiness where it can never be found. For countless ages we are all taught that this is futile and vain, there is no happiness here. But we cannot learn;

it is impossible for us to do so, except through our own experiences. We try them, and a blow comes. Do we learn then? Not even then. Like moths hurling themselves against the flame, we are hurling ourselves again and again into sense-pleasures, hoping to find satisfaction there. We return again and again with freshened energy; thus we go on, till crippled and cheated we die. And this is  $M\bar{a}y\bar{a}$ .

So with our intellect. In our desire to solve the mysteries of the universe, we cannot stop our questioning, we feel we must know and cannot believe that no knowledge is to be gained. A few steps, and there arises the wall of beginningless and endless time which we cannot surmount. A few steps, and there appears a wall of boundless space which cannot be surmounted, and the whole is irrevocably bound in by the walls of cause and effect. We cannot go beyond them. Yet we struggle, and still have to struggle. And this is  $M\bar{a}y\bar{a}$ .

With every breath, with every pulsation of the heart, with every one of our movements, we think we are free, and the very same moment we are shown that we are not. Bound slaves, nature's bond-slaves, in body, in mind, in all our thoughts, in all our feelings. And this is  $M\bar{a}y\bar{a}$ .

There was never a mother who did not think her child was a born genius, the most extraordinary child that was ever born; she dotes upon her child. Her whole soul is in the child. The child grows up, perhaps becomes a drunkard, a brute, ill-treats the mother, and the more he ill-treats her, the more her love increases. The world lauds it as the unselfish love of the mother, little dreaming that the mother is a born slave, she cannot help that. She would a thousand times rather throw off the burden, but she cannot. So she covers it with a mass of flowers, which she calls wonderful love. And this is  $M\bar{a}y\bar{a}$ .

We are all like this in the world. A legend tells how once Nārada said to Krishna, "Lord, show me Māyā." A few days passed away, and Krishna asked Nārada to make a trip with him towards a desert, and after walking for several miles, Krishna said, "Nārada, I am thirsty; can you fetch some water for me?" "I will go at once, sir, and get you water." So Nārada went. At a little distance there was a village; he entered the village in search of water and knocked at a door, which was opened by a most beautiful young girl. At the sight of her he immediately forgot that his Master was waiting for water, perhaps dying for the want of it. He forgot everything and began to talk with the girl. All that day he did not return to his Master. The next day, he was again at the house, talking to the girl. That talk ripened into love; he asked the father for the daughter, and they were married and lived there and had children. Thus twelve years passed. His father-in-law died, he inherited his property. He lived, as he seemed to think, a very happy life with his wife and children, his fields and his cattle, and so forth. Then came a flood. One night the river rose until it overflowed its banks and flooded the whole village. Houses fell, men and animals were swept away and

drowned, and everything was floating in the rush of the stream. Nārada had to escape. With one hand he held his wife, and with the other two of his children: another child was on his shoulders, and he was trying to ford this tremendous flood. After a few steps he found the current was too strong, and the child on his shoulders fell and was borne away. A cry of despair came from Nārada. In trying to save that child, he lost his grasp upon one of the others, and it also was lost. At last his wife, whom he clasped with all his might, was torn away by the current, and he was thrown on the bank, weeping and wailing in bitter lamentation. Behind him there came a gentle voice, "My child, where is the water? You went to fetch a pitcher of water, and I am waiting for you; you have been gone for quite half an hour." "Half an hour!" Nārada exclaimed. Twelve whole years had passed through his mind, and all these scenes had happened in half an hour! And this is Māyā. In one form or another, we are all in it. It is a most difficult and intricate state of things to understand. It has been preached in every country, taught everywhere, but only believed in by a few, because until we get the experiences ourselves we cannot believe in it. What does it show? Something very terrible. For it is all futile.

Time, the avenger of everything, comes, and nothing is left. He swallows up the saint and the sinner, the king and the peasant, the beautiful and the ugly; he leaves nothing. Everything is rushing towards that one goal, destruction. Our knowledge, our arts, our sciences, everything is rushing towards it. None can stem the tide, none can hold it back for a minute. We may try to forget it, in the same way that persons in a plague-stricken city try to create oblivion by drinking, dancing, and other vain attempts, and so becoming paralysed. So we are trying to forget, trying to create oblivion by all sorts of sense-pleasures. And this is  $M\bar{a}y\bar{a}$ .

Two ways have been proposed. One method which everyone knows, is very common, and that is, "It may be very true, but do not think of it. 'Make hay while the sun shines,' as the proverb says. It is all true, it is a fact, but do not mind it. Seize the few pleasures you can, do what little you can, do not look at the dark side of the picture, but always towards the hopeful, the positive side." There is some truth in this, but there is also a danger. The truth is that it is a good motive power. Hope and a positive ideal are very good motive powers for our lives, but there is a certain danger in them. The danger lies in our giving up the struggle in despair. Such is the case with those who preach, "Take the world as it is; sit down as calmly and comfortably as you can, and be contented with all these miseries. When you receive blows, say they are not blows but flowers; and when you are driven about like slaves, say that you are free. Day and night tell lies to others and to your own souls, because that is the only way to live happily."

This is what is called practical wisdom, and never was it more prevalent in the world than in this nineteenth century; because never were harder blows

hit than at the present time, never was competition keener, never were men so cruel to their fellowmen as now; and, therefore, must this consolation be offered. It is put forward in the strongest way at the present time; but it fails, as it always must fail. We cannot hide a carrion with roses; it is impossible. It would not avail long; for soon the roses would fade, and the carrion would be worse than ever before. So with our lives. We may try to cover our old and festering sores with cloth of gold, but there comes a day when the cloth of gold is removed, and the sore in all its ugliness is revealed.

Is there no hope then? True it is that we are all slaves of  $M\bar{a}\gamma\bar{a}$ , born in  $M\bar{a}\gamma\bar{a}$ , and live in  $M\bar{a}\gamma\bar{a}$ . Is there then no way out, no hope? That we are all miserable, that this world is really a prison, that even our so-called trailing beauty is but a prison-house, and that even our intellects and minds are prison-houses, have been known for ages upon ages. There has never been a man, there has never been a human soul, who has not felt this sometime or other, however, he may talk. And the old people feel it most, because in them is the accumulated experience of a whole life, because they cannot be easily cheated by the lies of nature. Is there no way out?

We find that with all this, with this terrible fact before us, in the midst of sorrow and suffering, even in this world where life and death are synonymous, even here, there is a still small voice that is ringing through all ages, through every country and in every heart: "This My  $M\bar{a}y\bar{a}$  is divine, made up of qualities, and very difficult to cross. Yet those that come unto Me, cross the river of life." "Come unto Me all ye that labour and are heavy laden, and I will give you rest." This is the voice that is leading us forward. Man has heard it, and is hearing it all through the ages. This voice comes to men when everything seems to be lost and hope has fled, when man's dependence on his own strength has been crushed down, and everything seems to melt away between his fingers, and life is a hopeless ruin. Then he hears it. This is called religion.

On the one side, therefore, is the bold assertion that this is all nonsense, that this is  $M\bar{a}y\bar{a}$ , but along with it, there is the most hopeful assertion that beyond  $M\bar{a}y\bar{a}$ , there is a way out. On the other hand, practical men tell us, "Don't bother your heads about such nonsense as religion and metaphysics. Live here; this is a very bad world indeed, but make the best of it." Which put in plain language means, live a hypocritical, lying life, a life of continuous fraud, covering all sores in the best way you can. Go on putting patch after patch, until everything is lost, and you are a mass of patchwork. This is what is called practical life. Those that are satisfied with this patchwork will never come to religion.

Religion begins with a tremendous dissatisfaction with the present state of things, with our lives, and a hatred, an intense hatred, for this patching up of life, an unbounded disgust for fraud and lies. He alone can be religious who dares say, as the mighty Buddha once said under the Bo-tree, when this idea of practicality appeared before him and he saw that it was nonsense, and yet could not find a way out. When the temptation came to him to give up his search after truth, to go back to the world and live the old life of fraud, calling things by wrong names, telling lies to oneself and to everybody, he, the giant, conquered it and said, "Death is better than a vegetating ignorant life; it is better to die on the battle-field than to live a life of defeat." This is the basis of religion.

When a man takes this stand, he is on the way to find the truth, he is on the way to God. That determination must be the first impulse towards becoming religious. I will hew out a way for myself. I will know the truth or give up my life in the attempt. For on this side it is nothing, it is gone, it is vanishing every day. The beautiful, hopeful, young person of today is the veteran of tomorrow. Hopes and joys and pleasures will die like blossoms with tomorrow's frost. That is one side; on the other, there are the great charms of conquest, victories over all the ills of life, victory over life itself, the conquest of the universe. On that side men can stand. Those who dare, therefore, to struggle for victory, for truth, for religion, are in the right way; and that is what the Vedas preach. Be not in despair; the way is very difficult, like walking on the edge of a razor; yet despair not, arise, awake, and find the ideal, the goal.

Now, all these various manifestations of religion, in whatever shape and form they have come to mankind, have this one common central basis. It is the preaching of freedom, the way out of this world. They never came to reconcile the world and religion, but to cut the Gordian knot, to establish religion in its own ideal, and not to compromise with the world. That is what every religion preaches, and the duty of the Vedanta is to harmonise all these aspirations, to make manifest the common ground between all the religions of the world, the highest as well as the lowest. What we call the most arrant superstition and the highest philosophy really have a common aim in that they both try to show the way out of the same difficulty, and in most cases this way is through the help of some one who is not himself bound by the laws of nature, in one word, some one who is free. In spite of all the difficulties and differences of opinion about the nature of the one free agent, whether he is a Personal God, or a sentient being like man, whether masculine, feminine, or neuter—and the discussions have been endless—the fundamental idea is the same. In spite of the almost hopeless contradictions of the different systems, we find the golden thread of unity running through them all, and in this philosophy, this golden thread has been traced, revealed little by little to our view, and the first step to this revelation is the common ground that all are advancing towards freedom.

One curious fact present in the midst of all our joys and sorrows, difficulties and struggles, is that we are surely journeying towards freedom. The

question was practically this: "What is this universe? From what does it arise? Into what does it go?" And the answer was: "In freedom it rises, in freedom it rests, and into freedom it melts away." This idea of freedom you cannot relinquish. Your actions, your very lives will be lost without it. Every moment nature is proving us to be slaves and not free. Yet, simultaneously rises the other idea, that still we are free. At every step we are knocked down, as it were, by  $M\bar{a}y\bar{a}$ , and shown that we are bound; and yet at the same moment, together with this blow, together with this feeling that we are bound, comes the other feeling that we are free. Some inner voice tells us that we are free. But if we attempt to realise that freedom, to make it manifest, we find the difficulties almost insuperable. Yet, in spite of that, it insists on asserting itself inwardly, "I am free, I am free." And if you study all the various religions of the world you will find this idea expressed.

Not only religion—you must not take this word in its narrow sense—but the whole life of society is the assertion of that one principle of freedom. All movements are the assertion of that one freedom. That voice has been heard by everyone, whether he knows it or not, that voice which declares, "Come unto Me all ye that labour and are heavy laden." It may not be in the same language or the same form of speech, but in some form or other, that voice calling for freedom has been with us. Yes, we are born here on account of that voice; every one of our movements is for that. We are all rushing towards freedom, we are all following that voice, whether we know it or not; as the children of the village were attracted by the music of the flute-player, so we are all following the music of the voice without knowing it.

We are ethical when we follow that voice. Not only the human soul, but all creatures from the lowest to the highest have heard the voice and are rushing towards it; and in the struggle are either combining with each other or pushing each other out of the way. Thus come competition, joys, struggles, life, pleasure, and death, and the whole universe is nothing but the result of this mad struggle to reach the voice. This is the manifestation of nature.

What happens then? The scene begins to shift. As soon as you know the voice and understand what it is, the whole scene changes. The same world which was the ghastly battle-field of  $M\bar{a}y\bar{a}$  is now changed into something good and beautiful. We no longer curse nature, nor say that the world is horrible and that it is all vain; we need no longer weep and wail. As soon as we understand the voice, we see the reason why this struggle should be here, this fight, this competition, this difficulty, this cruelty, these little pleasures and joys; we see that they are in the nature of things, because without them there would be no going towards the voice, to attain which we are destined, whether we know it or not. All human life, all nature, therefore, is struggling to attain to freedom. The sun is moving towards the goal, so is the earth in

circling round the sun, so is the moon in circling round the earth. To that goal the planet is moving, and the air is blowing. Everything is struggling towards that. The saint is going towards that voice—he cannot help it, it is no glory to him. So is the sinner. The charitable man is going straight towards that voice, and cannot be hindered; the miser is also going towards the same destination; the greatest worker of good hears the same voice within, and he cannot resist it, he must go towards the voice; so with the most arrant idler. One stumbles more than another, and him who stumbles more we call bad, him who stumbles less we call good. Good and bad are never two different things, they are one and the same; the difference is not one of kind, but of degree.

Now, if the manifestation of this power of freedom is really governing the whole universe—applying that to religion, our special study—we find this idea has been the one assertion throughout. Take the lowest form of religion where there is the worship of departed ancestors or certain powerful and cruel gods; what is the prominent idea about the gods or departed ancestors? That they are superior to nature, not bound by its restrictions. The worshipper has, no doubt, very limited ideas of nature. He himself cannot pass through a wall, nor fly up into the skies, but the gods whom he worships can do these things. What is meant by that, philosophically? That the assertion of freedom is there, that the gods whom he worships are superior to nature as he knows it. So with those who worship still higher beings. As the idea of nature expands, the idea of the soul which is superior to nature also expands until we come to what we call monotheism, which holds that there is  $M\bar{a}y\bar{a}$  (nature), and that there is some Being who is the Ruler of this  $M\bar{a}y\bar{a}$ .

Here Vedānta begins, where these monotheistic ideas first appear. But the Vedānta philosophy wants further explanation. This explanation—that there is a Being beyond all these manifestations of  $M\bar{a}\gamma\bar{a}$ , who is superior to and independent of  $M\bar{a}\gamma\bar{a}$ , and who is attracting us towards Himself, and that we are all going towards Him—is very good, says the Vedānta, but yet the perception is not clear, the vision is dim and hazy, although it does not directly contradict reason.

Just as in your hymn it is said, "Nearer my God to Thee", the same hymn would be very good to the Vedāntist, only he would change a word, and make it, "Nearer my God to me." The idea that the goal is far off, far beyond nature, attracting us all towards it, has to be brought nearer and nearer, without degrading or degenerating it. The God of heaven becomes the God in nature, and the God in nature becomes the God who is nature, and the God who is nature becomes the God within this temple of the body, and the God dwelling in the temple of the body at last becomes the temple itself, becomes the soul and man—and there it reaches the last words it can teach. He whom the sages have been seeking in all these places is in our own hearts; the voice that you

heard was right, says the Vedānta, but the direction you gave to the voice was wrong. That ideal of freedom that you perceived was correct, but you projected it outside yourself, and that was your mistake. Bring it nearer and nearer, until you find that it was all the time within you, it was the Self of your own self. That freedom was your own nature, and this  $M\bar{a}y\bar{a}$  never bound you.

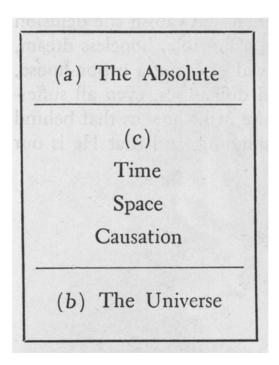
Nature never has power over you. Like a frightened child you were dreaming that it was throttling you, and the release from this fear is the goal; not only to see it intellectually, but to perceive it, actualise it, much more definitely than we perceive this world. Then we shall know that we are free. Then, and then alone, will all difficulties vanish, then will all the perplexities of the heart be smoothed away, all crookedness made straight, then will vanish the delusion of manifoldness and nature; and  $M\bar{a}y\bar{a}$ , instead of being a horrible, hopeless dream, as it is now, will become beautiful, and this earth, instead of being a prison-house, will become our playground; and even dangers and difficulties, even all sufferings, will become deified and show us their real nature, will show us that behind everything, as the substance of everything, He is standing, and that He is the one real Self.

## THE ABSOLUTE AND MANIFESTATION

## (Delivered in London, 1896)

THE ONE QUESTION that is most difficult to grasp in understanding the Advaita philosophy and the one question that will be asked again and again and that will always remain is: How has the Infinite, the Absolute, become the finite? I will now take up this question, and, in order to illustrate it, I will use a figure.

Here is the Absolute (*a*), and this is the universe (*b*). The Absolute has become the universe. By this is not only meant the material world, but the mental world, the spiritual world—heavens and earths, and in fact, everything that



exists. Mind is the name of a change, and body the name of another change, and so on, and all these changes compose our universe. This Absolute (a) has become the universe (b) by coming through time, space, and causation (c). This is the central idea of Advaita. Time, space, and causation are like the glass through which the Absolute is seen, and when It is seen on the lower side, It appears as the universe. Now we at once gather from this that in the Absolute there is neither time, space, nor causation. The idea of time cannot be there, seeing that there is no mind, no thought. The idea of space cannot be there, seeing that there is no external change. What you call motion and causation cannot exist where there is only One. We have to understand this, and impress it on our minds, that what we call causation begins after, if we may be permitted to say so, the degeneration of the Absolute into the phenomenal, and not before; that our will, our desire, and all these things always come *after* that.

I think Schopenhauer's philosophy makes a mistake in its interpretation of Vedānta, for it seeks to make the will everything. Schopenhauer makes the will stand in the place of the Absolute. But the Absolute cannot be presented as will, for will is something changeable and phenomenal, and over the line drawn above time, space, and causation, there is no change, no motion; it is only below the line that external motion and internal motion, called thought, begin. There can be no will on the other side, and will, therefore, cannot be the cause of this universe. Coming nearer, we see in our own bodies that will is not the cause of every movement. I move this chair; my will is the cause of this movement, and this will becomes manifested as muscular motion at the other end. But the same power that moves the chair is moving the heart, the lungs, and so on, but not through will. Given that the power is the same, it only becomes will when it rises to the plane of consciousness, and to call it will before it has risen to this plane is a misnomer. This makes a good deal of confusion in Schopenhauer's philosophy.

A stone falls and we ask, why? This question is possible only on the supposition that nothing happens without a cause. I request you to make this very clear in your minds, for whenever we ask why anything happens, we are taking for granted that everything that happens must have a why, that is to say, it must have been preceded by something else which acted as the cause. This precedence and succession are what we call the law of causation. It means that everything in the universe is by turn a cause and an effect. It is the cause of certain things which come after it, and is itself the effect of something else which has preceded it. This is called the law of causation and is a necessary condition of all our thinking. We believe that every particle in the universe, whatever it be, is in relation to every other particle.

There has been much discussion as to how this idea arose. In Europe, there have been intuitive philosophers who believed that it was constitutional

in humanity, others have believed it came from experience, but the question has never been settled. We shall see later on what the Vedānta has to say about it. But first we have to understand this: that the very asking of the question "why" presupposes that everything round us has been preceded by certain things and will be succeeded by certain other things.

The other belief involved in this question is that nothing in the universe is independent, that everything is acted upon by something outside itself. Interdependence is the law of the whole universe. In asking what caused the Absolute, what an error we are making! To ask this question we have to suppose that the Absolute also is bound by something, that It is dependent on something; and in making this supposition, we drag the Absolute down to the level of the universe. For in the Absolute, there is neither time, space, nor causation; It is all one. That which exists by itself alone cannot have any cause. That which is free cannot have any cause; else it would not be free, but bound. That which has relativity cannot be free. Thus we see the very question, why the Infinite became the finite, is an impossible one, for it is self-contradictory.

Coming from subtleties to the logic of our common plane, to common sense, we can see this from another side, when we seek to know how the Absolute has become the relative. Supposing we knew the answer, would the Absolute remain the Absolute? It would have become relative. What is meant by knowledge in our common-sense idea? It is only something that has become limited by our mind, that we know, and when it is beyond our mind, it is not knowledge. Now if the Absolute becomes limited by the mind, It is no more Absolute; It has become finite. Everything limited by the mind becomes finite. Therefore, to know the Absolute is again a contradiction in terms. That is why this question has never been answered, because if it were answered, there would no more be an Absolute. A God known is no more God; He has become finite like one of us. He cannot be known, He is always the Unknowable One.

But what Advaita says is that God is more than knowable. This is a great fact to learn. You must not go home with the idea that God is unknowable in the sense in which agnostics put it. For instance, here is a chair, it is known to us. But what is beyond ether, or whether people exist there or not is possibly unknowable. But God is neither known nor unknowable in this sense. He is something still higher than known; that is what is meant by God being unknown and unknowable. The expression is not used in the sense in which it may be said that some questions are unknown and unknowable. God is more than known. This chair is known, but God is intensely more than that, because in and through Him we have to know this chair itself.

He is the Witness, the eternal Witness of all knowledge. Whatever we know we have to know in and through Him. He is the Essence of our own Self. He is the essence of this ego, this I, and we cannot know anything excepting in

and through that I. Therefore you have to know everything in and through the Brahman. To know the chair you have to know it in and through God. Thus God is infinitely nearer to us than the chair, but yet He is infinitely higher. Neither known, nor unknown, but something infinitely higher than either. He is your Self. "Who would live a second, who would breathe a second in this universe, if that Blessed One were not filling it?" Because in and through Him we breathe, in and through Him we exist. Not that He is standing somewhere and making my blood circulate. What is meant is that He is the Essence of all this, the Soul of my soul. You cannot by any possibility say you know Him; it would be degrading Him. You cannot get out of yourself, so you cannot know Him.

Knowledge is objectification. For instance, in memory you are objectifying many things, projecting them out of yourself. All memory, all the things which I have seen and which I know are in my mind. The pictures, the impressions of all these things, are in my mind, and when I would try to think of them, to know them, the first act of knowledge would be to project them outside. This cannot be done with God, because He is the Essence of our souls; we cannot project Him outside ourselves. Here is one of the profoundest passages in Vedānta: "He that is the Essence of your soul, He is the Truth, He is the Self, thou art That, O Śvetaketu." This is what is meant by "Thou art God." You cannot describe Him by any other language. All attempts of language, calling Him father, or brother, or our dearest friend, are attempts to objectify God, which cannot be done. He is the Eternal Subject of everything. I am the subject of this chair; I see the chair; so God is the Eternal Subject of my soul. How can you objectify Him, the Essence of your souls, the Reality of everything?

Thus, I would repeat to you once more, God is neither knowable nor unknowable, but something infinitely higher than either. He is one with us; and that which is one with us is neither knowable nor unknowable, as our own self. You cannot know your own self; you cannot move it out and make it an object to look at, because you *are* that and cannot separate yourself from it. Neither is it unknowable, for what is better known than yourself? It is really the centre of our knowledge. In exactly the same sense, God is neither unknowable nor known, but infinitely higher than both; for He is our real Self.

First, we see, then, that the question, "What caused the Absolute?" is a contradiction in terms, and secondly, we find that the idea of God in the Advaita is this Oneness; and, therefore, we cannot objectify Him, for we are always living and moving in Him, whether we know it or not. Whatever we do is always through Him.

Now the question is: What are time, space, and causation? Advaita means non-duality; there are no two, but one. Yet we see that here is a proposition that the Absolute is manifesting Itself as many, through the veil of time,

space, and causation. Therefore it seems that here are two, the Absolute and  $m\bar{a}y\bar{a}$  (the sum total of time, space, and causation). It seems apparently very convincing that there are two. To this the Advaitist replies that it cannot be called two. To have two, we must have two absolute independent existences which cannot be caused. In the first place, time, space, and causation cannot be said to be independent existences. Time is entirely a dependent existence; it changes with every change of our mind. Sometimes in dream one imagines that one has lived several years; at other times several months were passed as one second. So, time is entirely dependent on our state of mind. Secondly, the idea of time vanishes altogether, sometimes. So with space. We cannot know what space is. Yet it is there, indefinable, and cannot exist separate from anything else. So with causation.

The one peculiar attribute we find in time, space, and causation is that they cannot exist separate from other things. Try to think of space without colour, or limits, or any connection with the things around—just abstract space. You cannot; you have to think of it as the space between two limits or between three objects. It has to be connected with some object to have any existence. So with time; you cannot have any idea of abstract time, but you have to take two events, one preceding and the other succeeding, and join the two events by the idea of succession. Time depends on two events, just as space has to be related to outside objects. And the idea of causation is inseparable from time and space. This is the peculiar thing about them: they have no independent existence. They have not even the existence which the chair or the wall has. They are as shadows around everything which you cannot catch. They have no real existence; yet they are not non-existent, seeing that through them all things are manifesting as this universe.

Thus we see, first, that the combination of time, space, and causation has neither existence nor non-existence. Secondly, it sometimes vanishes. To give an illustration, there is a wave on the ocean. The wave is the same as the ocean certainly, and yet we know it is a wave, and as such different from the ocean. What makes this difference? The name and the form; that is, the idea in the mind and the form. Now, can we think of a wave-form as something separate from the ocean? Certainly not. It is always associated with the ocean idea. If the wave subsides, the form vanishes in a moment, and yet the form was not a delusion. So long as the wave existed the form was there, and you were bound to see the form. This is  $m\bar{a}y\bar{a}$ .

The whole of this universe, therefore, is, as it were, a peculiar form; the Absolute is that ocean, while you and I, and suns and stars, and everything else are various waves of that ocean. And what makes the waves different? Only the form, and that form is time, space, and causation, all entirely dependent on the wave. As soon as the wave goes, they vanish. As soon as the

individual gives up this  $m\bar{a}y\bar{a}$ , it vanishes for him, and he becomes free. The whole struggle is to get rid of this clinging on to time, space, and causation, which are always obstacles in our way.

What is the theory of evolution? What are the two factors? A tremendous potential power which is trying to express itself, and circumstances which are holding it down, the environments not allowing it to express itself. So, in order to fight with these environments, the power is taking new bodies again and again. An amoeba, in the struggle, gets another body and conquers some obstacles, then gets another body and so on, until it becomes man. Now, if you carry this idea to its logical conclusion, there must come a time when that power that was in the amoeba and which evolved as man will have conquered all the obstructions that nature can bring before it and will thus escape from all its environments. This idea expressed in metaphysics will take this form: there are two components in every action, the one the subject, the other the object, and the one aim of life is to make the subject master of the object. For instance, I feel unhappy because a man scolds me. My struggle will be to make myself strong enough to conquer the environment, so that he may scold and I shall not feel. That is how we are all trying to conquer. What is meant by morality? Making the subject strong by attuning it to the Absolute, so that nature ceases to have control over us. It is a logical conclusion of our philosophy that there must come a time when we shall have conquered all the environments, because nature is finite.

Here is another thing to learn. How do you know that nature is finite? You can only know this through metaphysics. Nature is that Infinite under limitations. Therefore it is finite. So, there must come a time when we shall have conquered all environments. And how are we to conquer them? We cannot possibly conquer all the objective environments. We cannot. The little fish wants to fly from its enemies in the water. How does it do so? By evolving wings and becoming a bird. The fish did not change the water or the air; the change was in itself. Change is always subjective. All through evolution you find that the conquest of nature comes by change in the subject. Apply this to religion and morality, and you will find that the conquest of evil comes by the change in the subjective alone. That is how the Advaita system gets its whole force, on the subjective side of man. To talk of evil and misery is nonsense, because they do not exist outside. If I am immune against all anger, I never feel angry. If I am proof against all hatred, I never feel hatred. This is, therefore, the process by which to achieve that conquest—through the subjective, by perfecting the subjective.

I may make bold to say that the only religion which agrees with, and even goes a little further than modern researches, both on physical and moral lines is the Advaita, and that is why it appeals to modern scientists so much. They

find that the old dualistic theories are not enough for them, do not satisfy their necessities. A man must have not only faith, but intellectual faith too. Now, in this latter part of the nineteenth century, such an idea as that religion coming from any other source than one's own hereditary religion must be false shows that there is still weakness left, and such ideas must be given up. I do not mean that such is the case in this country alone, it is in every country, and nowhere more than in my own. This Advaita was never allowed to come to the people. At first some monks got hold of it and took it to the forests, and so it came to be called the "Forest Philosophy." By the mercy of the Lord, the Buddha came and preached it to the masses, and the whole nation became Buddhists. Long after that, when theists and agnostics had destroyed the nation again, it was found out that Advaita was the only way to save India from materialism.

Thus Advaita has twice saved India from materialism. Before Buddha came, materialism had spread to a fearful extent, and it was of a most hideous kind, not like that of the present day, but of a far worse nature. You see, I myself am a materialist in a certain sense, because I believe that there is only One. That is what the materialist wants you to believe, only he calls it matter and I call it God. The materialists admit that out of this matter all hope and religion and everything have come. I say that all these have come out of Brahman. But the materialism that prevailed before Buddha's time was that crude sort of materialism which taught: "Eat, drink, and be merry. There is no God, soul, or heaven. Religion is a concoction of wicked priests." It taught the morality that so long as you live, you must try to live happily; eat, though you have to borrow money for the food, and never mind about repaying it. That was the old materialism, and that kind of philosophy spread so much that even today it goes by the name of "popular philosophy." Buddha brought Vedānta to light, gave it to the people, and saved India.

A thousand years after his death a similar state of things again prevailed. The mob, the masses, and various races coming from outside had been converted to Buddhism; naturally the teachings of the Buddha became in time degenerated, because most of the people were very ignorant. Buddhism taught no God, no Ruler of the universe; so gradually the masses brought their gods and devils and hobgoblins out again, and a tremendous hotch-potch was made of Buddhism in India. Again materialism came to the fore, taking the form of licence with the higher classes and superstition with the lower. Then Śankarāchārya arose and once more revivified the Vedānta philosophy. He made it a rationalistic philosophy. In the Upaniṣads the arguments are often very obscure. By Buddha the moral side of the philosophy was laid stress upon, and by Śankarācārya, the intellectual side. Śaṅkara worked out, rationalised, and placed before men the wonderful coherent system of Advaita.

Materialism prevails in Europe today. You may pray for the salvation of the modern sceptics, but they do not yield, they want reason. The salvation of Europe depends on a rationalistic religion, and Advaita—the non-duality, the Oneness, the idea of the Impersonal God—is the only religion that can have any hold on any intellectual people. It comes whenever religion seems to disappear and irreligion seems to prevail, and that is why it has taken ground in Europe and America.

I would say one thing more in connection with this philosophy. In the old Upaniṣads we find sublime poetry; their authors were poets. Plato says, inspiration comes to people through poetry, and it seems as if these ancient Rishis, seers of truths, were raised above humanity to show these truths through poetry. They never preached or philosophized or wrote. Music came out of their hearts. In Buddha we had a great, universal heart and infinite patience, making religion practical and bringing it to everyone's door. In Śankarācārya we saw tremendous intellectual power, throwing the searching light of reason upon everything. We want today that bright sun of intellectuality joined with the heart of Buddha, the wonderful, infinite heart of love and mercy. This union will give us the highest philosophy. Science and religion will meet and shake hands. Poetry and philosophy will become friends. This will be the religion of the future, and if we can work it out, we may be sure that it will be for all times and peoples.

This is the one thing that will prove acceptable to modern science, for it has almost come to it. When a scientist makes the assertion that all objects are the manifestation of one force, does it not remind you of the God of whom you hear in the Upanisads? "As the one fire entering into the universe expresses itself in various forms, even so that one Soul is expressing Itself in every soul and yet is infinitely more besides." Do you not see whither science is tending? The Hindu nation proceeded through the study of the mind, through metaphysics and logic. The European nations start from external nature, and now they too are coming to the same results. We find that searching through the mind we at last come to that Oneness, that Universal One, the Internal Soul of everything, the Essence and Reality of everything, the Ever-Free, the Ever-Blissful, the Ever-Existing. Through material science we come to the same Oneness. Science today is telling us that all things are but the manifestation of one energy which is the sum total of everything which exists, and the trend of humanity is towards freedom and not towards bondage. Why should men be moral? Because through morality is the path towards freedom, and immorality leads to bondage.

Another peculiarity of the Advaita system is that from its very start it is non-destructive. This is another glory, the boldness to preach, "Do not disturb the faith of any, even of those who through ignorance have attached themselves to lower forms of worship." That is what it says, do not disturb, but

help everyone to get higher and higher; include all humanity. This philosophy preaches a God who is a sum total. If you seek a universal religion which can apply to everyone, that religion must not be composed of only the parts, but it must always be their sum total and include all degrees of religious development. This idea is not clearly found in any other religious system. They are all parts equally struggling to attain to the whole. The existence of the part is only for this.

So, from the very first, Advaita had no antagonism with the various sects existing in India. There are dualists existing today, and their number is by far the largest in India, because dualism naturally appeals to less educated minds. It is a very convenient, natural, commonsense explanation of the universe. But with these dualists, Advaita has no quarrel. The one thinks that God is outside the universe, somewhere in heaven, and the other, that He is his own Soul, and that it will be a blasphemy to call Him anything more distant. Any idea of separation would be terrible. He is the nearest of the near. There is no word in any language to express this nearness except the word Oneness. With any other idea the Advaitist is not satisfied just as the dualist is shocked with the concept of the Advaita, and thinks it blasphemous. At the same time the Advaitist knows that these other ideas must be, and so has no quarrel with the dualist who is on the right road. From his standpoint, the dualist will have to see many. It is a constitutional necessity of his standpoint. Let him have it. The Advaitist knows that whatever may be his theories, he is going to the same goal as he himself. There he differs entirely from the dualist who is forced by his point of view to believe that all differing views are wrong.

The dualists all the world over naturally believe in a Personal God who is purely anthropomorphic, who like a great potentate in this world is pleased with some and displeased with others. He is arbitrarily pleased with some people or races and showers blessing upon them. Naturally the dualist comes to the conclusion that God has favourites, and he hopes to be one of them. You will find that in almost every religion is the idea, "We are the favourites of our God, and only by believing as we do, can you be taken into favour with Him." Some dualists are so narrow as to insist that only the few that have been predestined to the favour of God can be saved; the rest may try ever so hard, but they cannot be accepted. I challenge you to show me one dualistic religion which has not more or less of this exclusiveness. And, therefore, in the nature of things, dualistic religions are bound to fight and quarrel with each other, and this they have ever been doing. Again, these dualists win the popular favour by appealing to the vanity of the uneducated. They like to feel that they enjoy exclusive privileges.

The dualist thinks you cannot be moral until you have a God with a rod in His hand, ready to punish you. The unthinking masses are generally dualists,

and they, poor fellows, have been persecuted for thousands of years in every country; and their idea of salvation is, therefore, freedom from the fear of punishment. I was asked by a clergyman in America, "What! You have no Devil in your religion? How can that be?"

But we find that the best and the greatest men that have been born in the world have worked with that high impersonal idea. It is the Man who said, "I and my Father are One," whose power has descended unto millions. For thousands of years it has worked for good. And we know that the same Man, because he was a non-dualist, was merciful to others. To the masses who could not conceive of anything higher than a Personal God, he said, "Pray to your Father in heaven." To others who could grasp a higher idea, he said, "I am the vine, ye are the branches", but to his disciples to whom he revealed himself more fully, he proclaimed the highest truth, "I and my Father are One."

It was the great Buddha, who never cared for the dualist gods, and who has been called an atheist and materialist, who yet was ready to give up his body for a poor goat. That Man set in motion the highest moral ideas any nation can have. Wherever there is a moral code, it is a ray of light from that man.

We cannot force the great hearts of the world into narrow limits and keep them there, especially at this time in the history of humanity, when there is a degree of intellectual development such as was never dreamt of even a hundred years ago, when a wave of scientific knowledge has arisen which nobody, even fifty years ago, would have dreamt of. By trying to force people into narrow limits you degrade them into animals and unthinking masses. You kill their moral life. What is now wanted is a combination of the greatest heart with the highest intellectuality, of infinite love with infinite knowledge. The Vedāntist gives no other attributes to God except these three: Infinite Existence, Infinite Knowledge, and Infinite Bliss; and he regards these three as one. Existence without Knowledge and Love cannot be; Knowledge without Love, and Love without Knowledge, cannot be. What we want is the harmony of Existence, Knowldege, and Bliss Infinite. For that is our goal. We want harmony, not one-sided development. And it is possible to have the intellect of a Śańkara with the heart of a Buddha. I hope we shall all struggle to attain to that blessed combination.