A theoretical examination of the relative importance of evolution management and drug development for managing resistance

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Drug resistance is a serious public health problem that threatens to thwart our ability to treat many infectious diseases. Repeatedly, the introduction of new drugs has been followed by the evolution of resistance. In principle, there are two complementary ways to address this problem: (i) enhancing drug development and (ii) slowing the evolution of drug resistance through evolutionary management. Although these two strategies are not mutually exclusive, it is nevertheless worthwhile considering whether one might be inherently more effective than the other. We present a simple mathematical model that explores how interventions aimed at these two approaches affect the availability of effective drugs. Our results identify an interesting feature of evolution management that, all else equal, tends to make it more effective than enhancing drug development. Thus, although enhancing drug development will necessarily be a central part of addressing the problem of resistance, our results lend support to the idea that evolution management is probably a very significant component of the solution as well.

1. Introduction

In our efforts to manage infectious diseases, the usefulness of newly developed drugs has been undermined by the evolution of drug resistance [1–6]. This pattern has been repeated so often in the history of some diseases that the evolution of resistance is now considered inevitable [6–14].

The evolution of resistance to any particular drug is not problematic provided that an alternative drug is available. What matters is the rate at which drug resistance evolves relative to the rate at which new drugs are brought into use. Consequently, there are two complementary approaches to ensuring the availability of effective drugs: (i) increasing the rate of drug arrival through enhanced drug development and (ii) increasing the time it takes for drug resistance to evolve through better evolution management.

Approaches for increasing the rate of drug development are probably familiar, and include developing screening technology for new compounds, developing new classes of antimicrobial agents, improving patent protection of new pharmaceuticals, speeding up the drug approval process and expanding public–private partnerships for drug development [15–20]. Approaches for slowing the evolution of resistance are perhaps less familiar, but include developing new diagnostic technologies and strategies for reducing the inappropriate use of antimicrobials, formulating strategies to reduce transmission and spread of infection to avoid using antimicrobials, determining when and where existing drugs should be used in combination versus as sequential monotherapies, as well as determining the optimal dose and timing of deployment for these existing drugs [1,2,5,6,21–26].

These two facets of the problem (i.e. enhancing drug development and slowing evolution) are not mutually exclusive, and any comprehensive strategy...
That said, the data do provide a qualitative illustration of what any specific drug (see the electronic supplementary material). Consequently, not too much should be read into the precise dates of data are complex, with both geographical and temporal variation these, are presented in figure 1. The processes underlying these, are presented in figure 1. The processes underlying these.

Historical data for the time of introduction of some antimalarial and antibiotic drugs, as well as the evolution of resistance to these, are presented in figure 1. The processes underlying these data are complex, with both geographical and temporal variation in the drugs and the diseases that they are used to treat. Consequently, not too much should be read into the precise dates of any specific drug (see the electronic supplementary material). That said, the data do provide a qualitative illustration of what has been called the ‘drug resistance treadmill’ [27]. New drugs are continually brought into use, followed by the evolution of resistance after some variable period of time.

Our goal is to use the broad qualitative features of figure 1 as a guide for constructing some simple mathematical arguments. We do not attempt to develop a model specific to any particular drug or disease but instead focus on modelling some broad features that are likely to underlie the drug resistance treadmill in general. For illustrative purposes, however, we will highlight some of the general results with specific parameter values taken from data on antimalarial drugs [8–14].

To begin, we define a ‘drug’ as any whole drug therapy, which might consist of one or multiple active ingredients. The ‘drug portfolio’ is defined as the collection of existing drugs that are effective against the specific type of infection of interest. For simplicity, we assume that a single drug is used at any given time, and its use is continued until resistance to this drug has appeared and reached some threshold frequency in the population (e.g. 10% treatment failure rate for antimalarials [21]). At this point, the drug’s ability to provide effective treatment is compromised and so its use is effectively discontinued. In order to continue to provide effective treatment for the disease, another drug from the drug portfolio, if available, is then brought into use (similar to the ‘wait-and-switch’ strategy for malaria [25]). During this process, new drugs are assumed to be in various stages of development and are occasionally brought into the drug portfolio.

The above characterization of the drug resistance treadmill might seem like an oversimplification of reality. After all, in many cases, multiple drugs are in use simultaneously, and drugs are not always entirely abandoned when resistance to them is common. Instead, there can be a complex global geographical mosaic of levels of resistance and patterns of drug use over time [28]. Despite this complexity, however, we develop the above caricature of the resistance treadmill for two reasons. First, it captures two of the main processes at play in any drug resistance treadmill: the development of new drugs and the loss of these drugs through resistance. Second, even this very simple setting produces some surprising results that are not immediately obvious. Furthermore, we will argue that the insights provided by

Figure 1. Timeline for antimalarials and antibiotics [6–14]. The times of drug introduction and the subsequent evolution of resistance are indicated by the ends of the bars. The faded region is meant to show that the first observation of resistance does not absolutely equate with complete loss of treatment efficacy. (Online version in colour.)

2. Material and methods

(a) Model

Historical data for the time of introduction of some antimalarial and antibiotic drugs, as well as the evolution of resistance to these, are presented in figure 1. The processes underlying these data are complex, with both geographical and temporal variation in the drugs and the diseases that they are used to treat. Consequently, not too much should be read into the precise dates of any specific drug (see the electronic supplementary material). That said, the data do provide a qualitative illustration of what
Figure 2. Schematic of the model. A timeline defining the time to failure, $T$, and drug availability, $\rho$. 'Effective treatment available' means that there is at least one effective drug in the portfolio. (Online version in colour.)
rates of drug arrival: a ‘normal rate’, denoted by $a$, and a ‘fast rate’, denoted by $\theta$. At any one time only one rate of drug arrival occurs, but the one that is in effect depends on the number of drugs remaining in the drug portfolio at the time of the last drug arrival. The time between drug arrivals is therefore exponentially distributed, but the rate parameter now changes between a ‘normal rate’ ($\theta$) of drug arrival. In this simulation, we also used exponentially distributed drug lifespans, $L$, with rate parameter $\beta$.

3. Results

(a) Analytical results

When the distribution of the time to evolution, $L$, and the drug inter-arrival time, $D$, are both exponential, an explicit equation can be derived for the probability density of the time to failure $T$. We have

$$f_t(t) = \frac{\beta e^{-(a+\beta)t}I_1(2\sqrt{a\beta}t)}{t},$$

where $I_1(x)$ is a modified Bessel function of the first kind (see the electronic supplementary material). Likewise, drug availability is given by

$$\rho = \frac{a}{\beta}.$$  

(3.2)

We can see that decreasing the mean time between drug arrivals (i.e. decreasing $E[D] = 1/a$) or increasing the mean time to evolve resistance (i.e. increasing $E[L] = 1/\beta$) both shift probability mass in equation (3.1) from low to high values of $T$. However, changes in the mean time to evolve resistance do so to a greater extent (figure 3a). This is true regardless of whether the changes are additive or multiplicative (see the electronic supplementary material). Likewise, drug availability, $\rho$, is also increased more through an additive change in the mean time to evolve resistance, whereas both interventions have identical effects on $\rho$ when the changes are multiplicative (see the electronic supplementary material).

When the distribution of time to evolve resistance is left arbitrary, we can still obtain an equation for an integral transform of the distribution of time to failure, from which we can calculate any of its moments (see the electronic supplementary material). We focus here on the first moment (i.e. expected time to failure), although we analyse the second moment in the electronic supplementary material. The first moment is

$$E[T] = \frac{E[L]}{1 - E[L]/E[D]}.$$  

(3.3)

The expression for drug availability in this case is identical to equation (3.2) (see the electronic supplementary material). Again we can see that the expected time to failure, $E[T]$, increases more with a change in $E[L]$ than it does with a change in $E[D]$ (figure 3b), and again this is true regardless of whether the changes are additive or multiplicative. The conclusions about drug availability are identical to the case where the distribution of time to evolution is exponential.

(b) Numerical simulations

In the first numerical exploration of the robustness of our results, we used a gamma-distributed drug inter-arrival time, $D$, and gamma-distributed drug lifespan, $L$. The gamma distribution is parametrized by a shape parameter, $k$, and a rate parameter, which we denote by $\alpha$ and $\beta$ for the drug inter-arrival time and drug lifespan, respectively. The expected time between drug arrivals is therefore $E[D] = \alpha k$. Similarly, the expected time to evolve resistance is $E[L] = k\beta$. We numerically calculated time to failure and drug availability for an additive change and a multiplicative change that increased $E[L]$ or that decreased $E[D]$, and compared the results. Figure 4 shows how the distribution of time to failure changes as a result of these two manipulations. In both cases, time to failure increases; however, we observe a greater increase in the average time to failure when $E[L]$ is increased than when $E[D]$ is decreased. For an additive change, there was also a greater increase in drug availability when $E[L]$ increased than when $E[D]$ decreased, while for a multiplicative change, drug availability was increased by the same amount. This agrees with the analytical results (see the electronic supplementary material).

In the second numerical exploration, we relaxed the assumption of a constant rate of drug arrival and examined the situation in which drug arrival is inversely related to drug portfolio size. Time to failure and drug availability were numerically calculated for an additive change that increased $E[L]$ or decreased $E[D]$ under the ‘normal rate’ of drug arrival. The same ‘fast rate’ of drug arrival was used throughout the calculations when there were two or fewer drugs remaining in the drug portfolio at the time of the last drug arrival. The time between drug arrivals is still assumed to be exponentially distributed, but the rate parameter now changes between a ‘normal rate’ ($\theta$) of drug arrival. In this simulation, we also used exponentially distributed drug lifespans, $L$, with rate parameter $\beta$.

![Figure 3](http://rspb.royalsocietypublishing.org/)

**Figure 3.** Effects on time to failure from enhancing drug development and slowing evolution with estimates from antimalarial data (see the electronic supplementary material). (a) The effect on the time to failure density $f_t(t)$ when the average drug inter-arrival time is reduced by 2 years ($\Delta E[D]$) and the average drug lifespan is increased by 2 years ($\Delta E[L]$) compared with baseline conditions ($E[L] = 5$ years, $E[D] = 8.3$ years). (b) The change in expected time to failure ($E[T]$) resulting from additive perturbations in $E[L]$ and $E[D]$ plotted for varying current drug availability ($\rho$). (Online version in colour.)
The chemotherapeutic treatment of infectious diseases invariably leads to the evolution of drug resistance. This problem
has been recognized for a long time but, as with many things, we as a society have tended to confront the issue only when forced to do so. The situation now appears to be reaching this point. We are facing the prospect of a lack of treatment availability for some infections, and there is growing concern about the slow rate at which new antimicrobials are entering the drug portfolio \[33,34\]. The development of new pharmaceuticals is thus becoming increasingly urgent.

It would, of course, be prudent to attempt to deal with the problem of resistance even in times when effective treatment is readily available. Whether or not we eventually end up facing the failure of all available treatment for a disease depends upon the balance between the rate of drug arrival and resistance evolution during these ‘times of plenty’. Thus, optimizing the drug supply system as a whole over the long term should be a primary goal. The results presented here are an attempt to make some modest progress in this direction.

The full scope of the drug resistance problem is complex and involves scientific, economic, political and sociological dimensions \[1,2,5,28,35\]. No single strategy is likely to be successful in addressing these issues; nevertheless, it is often useful to examine different facets of the problem in isolation. Once these isolated components are more fully understood, we can begin to piece them together and to develop a deeper understanding of the entire issue.

In this article, we have examined one part of the problem by asking how the relative impacts of investing in drug development and in better evolution management compare in terms of their effects on maintaining a supply of effective treatment. Our results suggest that, all else equal, increasing the lifespan of drugs through better resistance management has a greater effect than does a corresponding decrease in the time it takes to develop new drugs.

Our analysis was intentionally based on a greatly simplified model of the drug resistance treadmill that is meant to capture only the core qualitative features of drug development and resistance evolution. The goal of this simplification was to lay bare any inherent differences in how the introduction of new drugs through development and their ‘removal’ through resistance evolution affect the long-term availability of effective treatment. By doing so, we can more easily understand the mechanisms underlying these differences and thus better judge whether the differences are likely to be relevant in more realistic settings.

What drives the inherent advantage of evolution management in our model? Both types of interventions (i.e. enhancing evolution management and enhancing drug development) increase the chance that new drugs will be developed before the system as a whole fails and there is no effective treatment available. Increasing the time to evolve resistance does so because it extends the window of opportunity for a new drug to be developed before failure occurs. Decreasing the time between drug arrivals does so because, on average, more drugs will arrive in a given period of time. In fact, when the changes for each intervention are multiplicative, it can be shown that, on average, the same number of drugs will arrive and be used before failure occurs in both cases. The difference between them lies in how the interventions affect the lifespan of each drug. Recall that we can express the mean time to failure, $E[T]$, as the product of the expected number of drugs that are used before failure occurs and the expected lifespan of each drug. Mathematically,

$$
E[T] = E[N] \times E[L],
$$

where $N$ is the number of drugs used before system failure. As already described, multiplicative changes in both interventions have identical effects on $E[N]$. But changes in the time to evolve resistance also affect $E[L]$, whereas changes in drug arrivals do not. As a result, increasing the expected time to evolve resistance has a compounding effect that is absent when changing the drug inter-arrival time. Moreover, this effect is even greater when we consider additive changes in each intervention because changing the time to evolve resistance then increases $E[N]$ more than does changing the time between drug arrivals.

What about drug availability? Drug availability is the long-run proportion of time for which there is at least one effective drug available. Hence, even though there is a greater increase in time to failure when evolution is slowed, it is important to consider how enhancing the rate of drug arrival reduces the fraction of time for which there is no effective drug. If the changes are multiplicative, the increase in drug availability that arises from slowing the evolution of resistance is equivalent to the increase in drug availability that comes from speeding up drug arrivals. However, if the change is additive, then drug availability increases more when resistance evolution is slowed.

Analysis of the numerical simulations gave the same result that slowing the rate of evolution has a greater effect on time to failure and drug availability than increasing the rate of drug arrival. As one possible generalization of the assumption of exponentially distributed $D$ and $L$, the first case used gamma-distributed times between drug arrivals and drug lifespans. In the second case, the rate of drug arrival was varied to study the effect of having drug development respond to demand, as well as allowing for the possibility for the mean drug lifespan to exceed the mean time between drug arrivals (i.e. $E[D] < E[L]$). These results show that, at least under the studied conditions, relaxing some of our initial model assumptions does not alter the value of increasing drug lifespan on ensuring the availability of effective treatment.

Our model assumes that, when available, drugs are used one at a time. In reality, multiple drugs are often used simultaneously at the population level, although perhaps in different geographical regions \[36,37\]. How would this affect our conclusions? Modelling the simultaneous use of multiple drugs is difficult because one needs to specify how the rate of resistance evolution to each drug is affected by all of the specific drugs that are in use, and virtually no data are available on this. Interestingly, however, there are some situations in which simultaneous multiple drug use results in a model that is formally identical to the model presented here. In such situations, the results obtained in our simplified model then apply directly to this more complex setting. This occurs, however, only when there is a sort of ‘conservation of evolution’ (see the electronic supplementary material), and this type of conservation is unlikely to occur in all situations. Nevertheless, it does serve as a useful baseline for understanding how the results might change under different assumptions.

We also wish to stress that, although the main model presented is highly simplified, the phenomenon that it reveals and that is highlighted in equation (4.1) is likely to operate under much more general conditions. For example, if multiple drugs are in use simultaneously then, even though the process might be much more complicated, each drug will still spawn the evolution of resistance (possibly in a way that interacts with the evolution of resistance to other drugs). Regardless of the details, however, both better evolution management and
faster drug arrivals will still increase the number of drugs used before the system ultimately fails (the factor \( E[N] \) in equation (4.1)). But, by definition, evolution management will also still increase the lifespan of each drug, thereby giving evolution management the same compounding benefit seen in our simple model (the factor \( E[L] \) in equation (4.1)). Of course, other factors could also come into play in these more complex situations, making it less clear whether the overall effect is still greatest for evolution management. For example, it is possible that the increase in \( E[N] \) that results from enhanced drug development is greater than that from better evolution management in some more realistic settings, and this is an interesting area for future research. But, even so, evolution management should still have an inherent advantage \textit{all else equi}l because of the compounding effect seen in equation (4.1).

How do the ideas presented here relate to specific cases of the so-called drug resistance treadmill? In the case of HIV, for example, the success of treatment is due to many factors, one of which is the expansion of its drug portfolio [3]. However, the discovery that combination therapy can greatly slow the evolution of drug resistance within individual patients has been instrumental in successfully ensuring effective treatment [3,38]. This can be viewed as a premier example of enhanced evolution management at the individual level. In fact, we might view the emergence of resistance and subsequent failure of treatment at the individual patient level as a drug resistance treadmill as well. As initial chemotherapeutic agents fail, new treatments are used until the portfolio of available drugs is exhausted. Although developing new monotherapies faster would certainly help the situation, our model suggests that the evolution management strategy of using combination therapy might well have had an inherent advantage over such an approach.

In a similar way, resistance profiling in HIV-1 treatment is another example of enhanced evolution management at the individual level, because it helps to guide appropriate drug choices that avoid favouring resistance [3,38–40]. Again, although our abstract model does not explicitly incorporate the specific details of this strategy, it does suggest that such an approach might have inherent advantages [3,38–41].

Treatment of \textit{M. tuberculosis} also uses a combination of antituberculars with evidence of resistance to individual drugs [3]. Available treatment is effective against susceptible strains; however, multidrug-resistant and extensively drug-resistant infection pose serious complications [3,15,41,42]. Current recommendations include production of combination therapies in place of monotherapies, improved understanding of antitubercular treatment in association with resistance and HIV-1 infection, and diagnostic testing for drug-resistant strains [3,41–44]. It is not possible to measure the exact value of changes in drug lifespan and drug development for treatment of \textit{M. tuberculosis} using our simplified model. However, our model presumably again captures an important process that presumably again captures an important process that emphasizes the significance of evolution management in ensuring effective treatment [1,3,30,41–43,45].

In the case of malaria, drug resistance is perhaps the greatest challenge to global control and elimination [3]. The process we have identified by way of our simplified model suggests that slowing drug-resistance evolution is advantageous to ensuring the availability of effective antimalarials. Doing so might involve using multiple first-line therapies to extend the lifespan of each drug by slowing the spread of drug-resistant infection, optimizing drug combinations (as well as drug dose and duration) to weaken the selective advantage of drug-resistant parasites, developing diagnostic technologies to guide appropriate drug use, formulating guidelines and surveillance programmes to use drugs prudently in prophylaxis and treatment, and preventing transmission through effective vector control [21,24,46,47]. Indeed, many initiatives of this nature are currently under way, which may prove useful in lengthening the lifespan of available therapies as well as new antimalarials as they are developed.

Importantly, our analysis does not consider how investments for enhancing drug development and slowing evolution can be delivered to the system. Additive and multiplicative changes were used to provide a fair comparison of the importance of speeding up drug arrivals relative to slowing resistance evolution when all else is equal. However, it might be less costly or easier to change drug lifespan than to change drug development, or vice versa, and this is an interesting area for future research.

Even though we provide evidence that slowing resistance evolution can be more beneficial to the effective management of antimicrobial resistance than speeding up drug development, we stress that this in no way negates the importance of pharmaceutical innovation and drug development. Indeed, as we mentioned in §1, the two approaches to resistance management are not mutually exclusive. In many ways, slowing the evolution of drug resistance is fundamentally linked to drug development. For example, investment and advancement in drug development might lead to smarter drugs with enhanced efficacy and greater longevity. Thus, our intention is not to suggest that there is necessarily an antagonism between the two approaches. The results do demonstrate, however, that a strong emphasis on evolution management might yield promising results for this pressing problem. A major challenge is therefore to provide incentives for new drug development and research of antimicrobial stewardship strategies for which resistance evolves less quickly.

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Data were collected from various sources to create a timeline of drug supply for antimalarials and antibiotics (Table S1). The data consist of the date of drug introduction, and the date of first recorded resistance. When there existed multiple estimates for the same drug from a single source, we report the earliest date that the drug was introduced and the earliest date that resistance was first observed (this occurred when there was region-specific data on drug introduction or resistance). While it is reported that resistance has developed to every antimalarial (with the possible exception of artemisinin therapies [3]), we excluded data on Lapdap, Amodiaquine, and Primaquine because the determination of drug resistance for these antimalarials was inconclusive (e.g., due to a lack of evidence or because of confounding factors in treatment failure such as cross resistance, side-effects, compliance and drug withdrawal [49-51]).

We also used the available antimalarial data to give an example parameterization of the model. We stress, however, that this is intended merely as an illustrative case. All of the results reported in the main text are general, and independent of the disease in question as well as the specific parameter values used. We nevertheless chose to include an example parameterization based on data because it helps to clarify the relevance of the general results and to make them more concrete.

Coming up with a suitable parameterization from the data is difficult because our simplified model lacks some of the features of the real data. Specifically, in the data many drugs have overlapping lifespans (elapsed time from date of drug introduction to date of observation of resistance). This is because more than one drug is used at a time during these periods. Our simple model assumes that one drug is used at a time (although Section 4 generalizes these results) and therefore we need to extract suitable estimates from the data under this assumption. For example, we cannot use the observed drug lifespans since the sum of individual drug lifespans would be greater than the observed time to failure, misrepresenting the current state of drug supply. As a result we employed two different approaches (see below) to estimate the time to evolve resistance from the data. The distribution of time to evolve resistance is almost identical under both approaches, and resembles an exponential distribution with rate parameter $\beta = 0.2$ (see Figure S1). The distribution of time between drug arrivals also resembles an exponential distribution with rate parameter $\alpha = 0.12$, supporting an assumption based on results from [31] (see Figure S1).

**Approach 1: Dividing overlapping periods by the number of drugs**

We can estimate the time to resistance of individual drugs by dividing overlapping periods by the number of drugs and summing the times that a particular drug was used. Section 4 describes how this approach can be used to generalize the one-drug-at-a-time model to a multiple drug scenario. In effect, this gives an estimate of the time to evolve resistance for each drug in the absence of any other drug.
Approach 2: Time to evolve resistance from earliest drug arrival to first drug failure

Alternatively, we can consider time to evolve resistance as the time from the earliest drug arrival to the time that resistance is first observed to any drug in an overlapping period. Using this approach, estimates of time to resistance are not necessarily for a specific drug, but instead reflect the time to resistance for a group of drugs (and the factors experienced by these drugs) that are in use during an overlapping period.

Simulating the current and future state of antimalarial supply

Antimalarial drug supply was simulated using the parameter estimates from the antimalarial data as described above. Figure S2 shows how periods of time to failure and drug availability observed from 1930-2012 in the antimalarial data agree with a characteristic simulation of the current state of drug supply. We can also envision what might happen to antimalarial supply in the future if we slowed resistance or enhanced drug development. In this case, we chose to compare an increase of 2 years in the mean time to evolve resistance with a decrease of 2 years in the mean time between drug arrivals. Figure S3 shows that increasing the mean time to evolve resistance results in significantly longer periods of time to failure, which also means that drugs will be available for a longer fraction of time over the next 200 years.

Again we stress, however, that these simulation results are merely meant to be an illustrative example. The findings from the model are independent of the details of this simulation, and apply for any distribution of time to resistance, regardless of its shape or parameter values. The model also allows for the use of any (consistent) measure of resistance or drug failure since time to resistance is treated as a random process. In this example, the data report the first observation of resistance but we might wish to measure drug lifespan as the time until resistance is observed at some threshold frequency instead.

2 – Analysis

All models presented in the text are analogous to models from queueing theory. There are abundant results available for analyzing their behavior [52]. In what follows we make use of results found in [52].

Exponentially Distributed Time to Evolve Resistance

When the time to evolve resistance is exponentially distributed, the drug supply model is analogous to an M/M/1 queue [52]. Using $f_T(t)$ to denote the probability density of the time to failure, and $\tilde{f}_T(z)$ for its Laplace-Stieltjes transform (LST), standard results [52] demonstrate that

$$\tilde{f}_T(z) = \frac{\alpha + \beta + z - \sqrt{(\alpha + \beta + z)^2 - 4\beta\alpha}}{2\alpha}$$

(Equation 1)
where $E[D] = 1/\alpha$ and $E[L] = 1/\beta$ (Equation 1 is also derived below in the case of an arbitrary distribution for the time to evolve resistance).

Inverting the transform gives the density [52]

$$f_T(t) = \sqrt{\frac{\beta}{\alpha}} \frac{e^{-(\alpha+\beta)t} I_1(2\sqrt{\alpha \beta t})}{t}$$  \hspace{1cm} \text{(Equation 2)}

where $I_1(x)$ is a modified Bessel function of the first kind with order 1. Specifically, $I_1(x)$ can be defined by the integral formula

$$I_1(x) = \frac{1}{\pi} \int_0^\pi e^{x \cos \theta} \cos \theta \, d\theta.$$  \hspace{1cm} \text{(Equation 3)}

Drug availability, $\rho$, is the long run proportion of time an effective drug is available. In the context of queueing theory this is referred to as the “load” or “traffic intensity”. Standard results [52] show that

$$\rho = \frac{E[L]}{E[D]}.$$  \hspace{1cm} \text{(Equation 4)}

Equation 4 can be understood by recognizing that drug availability is the long-term time spent with at least one effective drug (which is, on average, $E[T]$) divided by the length of the cycle (which is, on average, $E[T] + E[D]$). In other words, the ratio

$$\frac{E[T]}{E[T] + E[D]}.$$

Using Equation 2 we can calculate $E[T] = E[L]/(1 - E[L]/E[D])$. Substituting this into the above ratio then gives Equation 4.

We can now determine the effect of each intervention on Equation 2 and Equation 4. The density (Equation 2) is a decreasing function of $t$ and changes in $E[D] = 1/\alpha$ or $E[L] = 1/\beta$ affect the density differently. For example,

$$\lim_{t \to 0} f_T(t) = \frac{1}{E[L]},$$

shows that increasing the expected time to evolve resistance (either additively or multiplicatively) decrease the probability density at $t = 0$ whereas decreasing the expected time between drug arrivals has no effect at this point. Consequently, given that the density function is continuous, interventions that target evolution will shift more probability density from near zero to larger values of $T$ than will interventions that target drug development.

For the drug availability, Equation 4, we consider additive and multiplicative changes in turn. An additive change of size $x$ will either add $x$ to the mean time to evolve resistance
or subtract $x$ from the mean time between drug arrivals. A multiplicative change of size $y > 1$ will either multiply the mean time to evolve resistance by $y$ or divide the mean time between drug arrivals by $y$.

For additive changes of size $x$ the inequality

$$\frac{E[L] + x}{E[D]} > \frac{E[L]}{E[D] - x}$$

holds for all $x$ that satisfy the assumption that $\rho$ is less than 1. Alternatively, multiplicative changes result in equal benefits to drug availability as

$$\frac{E[L] \times y}{E[D]} = \frac{E[L]}{E[D]/y}.$$  

Therefore, when evolution of drug resistance is slowed, effective treatment will be available for a fraction of time greater than or equal to the effect from enhancing drug development.

*Arbitrary Distribution for the Time to Evolve Resistance*

When time to evolve resistance has an arbitrary distribution, the drug supply model is analogous to an $M/G/1$ queue [52]. We can derive an equation for the Laplace-Stieltjes transform (LST) of the time to failure distribution as follows.

Any time to failure period begins with the arrival of a new drug into the portfolio. While this drug is in use, additional new drugs might be added to the portfolio. Suppose, for example, there are $K$ additional drugs added during the time that the first drug is being used ($K$ is a random variable). Each of these additional drugs will eventually be used, and each will, themselves, spawn a time to failure period that has the same distribution as that of the first drug. In this way we can write

$$T = L + T_1 + \cdots + T_K$$

where $L$ is the time to evolve resistance for the first drug, and the $T_i$ are the time to failure periods for the additional $K$ drugs that arrive before the first drug is abandoned. Using $f_L(t)$ and $f_T(t)$ to denote the probability densities for the time to evolve resistance and time to failure respectively, the LST of $f_T(t)$ is $\tilde{f}_T(z) = E[e^{-zt}]$. Conditioning on the lifespan of the first drug we obtain

$$\tilde{f}_T(z) = \int_0^\infty f_L(t)E[e^{-zt} | L = t]dt,$$

and further conditioning on the number of new drug arrivals, $K$, during this time gives
\[ \tilde{f}_T(z) = \int_0^\infty f_L(t) \left( \sum_{k=0}^{\infty} E[e^{-z(T_1 + \cdots + T_k)} | L = t, K = k] P(K = k | L = t) \right) dt \]
\[ = \int_0^\infty f_L(t) e^{-zt} \left( \sum_{k=0}^{\infty} E[e^{-z(T_1 + \cdots + T_k)}] \frac{(\alpha t)^k e^{-\alpha t}}{k!} \right) dt \]
\[ = \int_0^\infty f_L(t) e^{-zt} \left( \sum_{k=0}^{\infty} \tilde{f}_T(z) \frac{(\alpha t)^k e^{-\alpha t}}{k!} \right) dt. \]

where the final equality makes use of the fact that \( K \) is Poisson distributed. Now, using the fact that the \( T_i \) are independent and identically distributed, we obtain

\[ \tilde{f}_T(z) = \int_0^\infty f_L(t) e^{-zt} \left( \sum_{k=0}^{\infty} \tilde{f}_T(z) \frac{(\alpha t)^k e^{-\alpha t}}{k!} \right) dt \]
\[ = \int_0^\infty f_L(t) e^{-zt} \tilde{f}_T(z) e^{-\alpha t} dt \]
\[ = \int_0^\infty f_L(t) e^{-z(t+\alpha t)} dt \]
\[ = \tilde{f}_L(z + \alpha - \alpha \tilde{g}_T(z)). \] 

(Equation 5)

Equation 5 is Takács functional equation relating the LST of the distribution of time to failure, \( T \), to the LST of the distribution of time to evolve resistance, \( L \).

We can now calculate any moment of interest for the distribution of the time to failure, in terms of the moments of the distribution of time to evolve resistance. In particular, \( E[T] = -\tilde{f}_T'(0) \), and therefore

\[ E[T] = \frac{E[L]}{1 - E[L]/E[D]} \]. 

(Equation 6)

Notice that this is identical to the expression for \( E[T] \) obtained in the case of exponentially distributed time to evolve resistance, and therefore Equation 4 for drug availability remains valid even when the time to evolve resistance has an arbitrary distribution.
Incidentally, we can also derive Equation 1 from Equation 5 by using the fact that, when \( L \) is exponentially distributed with parameter \( \beta \), the LST of \( L \) is \( \widetilde{f}_L(z) = \frac{\beta}{\beta + z} \).

Substituting this into Equation 5 gives

\[
\widetilde{f}_T(z) = \frac{\beta}{\beta + z + \alpha - \alpha \widetilde{f}_T(z)}.
\]

Solving this quadratic equation for \( \widetilde{f}_T(z) \) gives Equation 1.

When the distribution of \( L \) is arbitrary, we can consider the effect that additive and multiplicative changes have on any moment of the time to failure distribution. For the purposes of this analysis, we have chosen to focus on the first moment, the expected time to failure, \( E[T] \) (Equation 6). The expected time to failure can be broken up into two parts: the average number of drugs used before failure, \( E[N] = (1 - E[L]/E[D])^{-1} \) and the average lifespan of each drug, \( E[L] \), such that \( E[T] = E[N] \times E[L] \). The likelihood that another drug arrives before failure will increase as a result of slowing the time to evolve resistance or decreasing the time between drug arrivals. An additive change of size \( x \) increases the average number of drugs used before failure and, in particular, the inequality

\[
\left(1 - \frac{E[L] + x}{E[D]}\right)^{-1} > \left(1 - \frac{E[L]}{E[D] - x}\right)^{-1}
\]

holds for all \( x \) that satisfy the assumption that \( \rho \) is less than 1. Alternatively, there is an equivalent increase in the average number of drugs used before failure when evolution is slowed and drug development is enhanced multiplicatively since

\[
\left(1 - \frac{E[L] \times y}{E[D]}\right)^{-1} = \left(1 - \frac{E[L]}{E[D]/y}\right)^{-1}.
\]

This shows that increasing the mean time to evolve resistance will result in at least as many drugs used before failure as decreasing the mean time between drug arrivals. In addition, since increasing the mean time to evolve resistance also increases average drug lifespan, the total effect on average time to failure is that much greater when resistance is slowed than when drug development is enhanced.

**Second Moment of Time to Failure**

Our analysis in the main text has focused on the expected value of time to failure \( E[T] \) as a measure of system performance. Higher moments may be used to investigate additional properties of the distribution of time to failure. For instance, studying the second moment of time to failure is useful in describing the variability in the length of periods for which treatment is available.
Using Takács functional equation (Equation 5) and $E[T^2] = \tilde{f}_T''(0)$ gives

$$\tilde{f}_T''(0) = \tilde{f}_L''(0)(1 - \alpha \tilde{f}_T'(0))^2 - \alpha \tilde{f}_L'(0)\tilde{f}_T''(0).$$

Solving this equation for $\tilde{f}_T''(0)$ and noting that $\sigma^2 = E[X^2] - E[X]^2$ we obtain

$$\sigma^2_T = \sigma^2_L + E[L]^2\rho \left(1 - \rho\right)^3.$$

We have shown elsewhere that the increase in $\rho$ is equivalent for multiplicative changes in $E[D]$ and $E[L]$ and greater for additive changes in $E[L]$. Therefore, when all else is equal, there is a greater increase in the variance of $T$ when $E[L]$ is increased compared to when $E[D]$ is decreased. Thus, slowing evolution of resistance increases both the expected time to failure as well as its variability compared to enhancing drug development.

3 – Numerical Simulations

**Gamma Distributed Drug Inter-arrival Time and Drug Lifespan**

We consider a scenario when time between drug arrivals and time to evolve resistance are not exponentially distributed. We used a gamma distributed drug inter-arrival time, $D$, and gamma distributed drug lifespan, $L$. The gamma distribution is parameterized by a shape parameter, $k$, and a rate parameter, which we denote by $\alpha$ and $\beta$ for the drug inter-arrival time and drug lifespan respectively. The expected time between drug arrivals is therefore $E[D] = k\alpha$. Similarly, the expected time to evolve resistance is $E[L] = k\beta$. We numerically calculated time to failure and drug availability for an additive change and a multiplicative change that increased $E[L]$ or that decreased $E[D]$, and compared the results to baseline conditions.

Numerical results show the effect on average time to failure and drug availability as a result of these two manipulations (Table S2). In both cases, average time to failure increases; however, we observe a greater increase when $E[L]$ is extended than when $E[D]$ is decreased. For an additive change, there was also a greater increase in drug availability when $E[L]$ increased than when $E[D]$ decreased, while for a multiplicative change, drug availability was increased by the same amount, which agrees with the analytical results (Table S2).

**Variable Rate of Drug Arrival**

We will also consider a variable rate of drug arrival so that drugs arrive at a normal rate, $\alpha$, when there are lots of drugs in the drug portfolio and a fast rate, $\theta$, when there are 2 or fewer effective drugs available at the time of the last drug arrival. The normal rate of drug arrival was varied to determine the effect of speeding up drug development. As
before, these results were compared against the effect of slowing evolution of resistance. In these simulations, the proportion of time that drugs arrived at their respective rates was also considered.

The available empirical evidence suggests that annual drug production of ‘new molecular entities’ has been constant for over 55 years, remaining unchanged in spite of increased investment [31]. Even so, by including a fast rate, the time between drug arrivals is not necessarily longer than the time it takes resistance to evolve, relaxing the $E[D]>E[L]$ assumption of the previous model.

Numerical results show that slowing the evolution of resistance benefits average time to failure and drug availability more than speeding up the normal rate of drug arrival (Table S3). Slowing evolution of drug resistance also decreased the proportion of time that drugs arrived according to a fast rate (Table S3). This suggests that drug arrivals were occurring close to a maximum rate, so that any further increase in the normal rate of drug arrival has less of an effect on system performance. In contrast, when evolution was slowed, a normal rate of drug arrival was used for a greater proportion of time implying that the average rate of drug arrival slowed down when $E[L]$ increased.

### 4 – Generalizing to Multiple Drugs

Thus far, we have presented a model of drug supply that assumes one drug or drug therapy is used at a time. While this assumption is supported by current treatment guidelines and practice for malaria (wherein a single first line therapy is recommended for treatment and replaced when resistance emerges [21,25]) in general, it is likely that more than one drug will be used to treat a disease when available. Note, by this we mean that individuals are still given a single drug, but different individuals might be given different drugs simultaneously.

To begin it is helpful to first consider how simultaneous drug use affects the total time required to evolve drug resistance for a set of drugs, relative to that required if the drugs in this set were used one at a time (i.e., sequentially). There are three possibilities: (i) conservation of evolution, (ii) compression of evolution, and (iii) expansion of evolution. These are defined as follows.

Suppose there are $n$ drugs currently available. We say that there is conservation of evolution if the total time it takes for resistance to evolve to all $n$ drugs when used simultaneously is the same as the time required for resistance to evolve to all $n$ drugs when used sequentially. Alternatively, we say that there is compression of evolution if the time taken under simultaneous drug use is shorter, and expansion of evolution if it is longer. We will show that this provides a heuristic framework with which to examine multiple drug use.

It can be shown, using results from work-conserving queueing theory [53], that a model with simultaneous drug use is formally equivalent to a one-drug-at-a-time model when
there is conservation of evolution. We propose a mechanistic basis by which this occurs. Suppose that the rate of evolution for individual drugs depends on the number of drugs in use, \( n \), such that the rate of evolution for each drug is slowed by a factor \( 1/n \) relative to the rate of resistance evolution if it were the only drug in use. Then it can be shown that the distribution of time to failure is unchanged from a one drug at a time model, as this is analogous to a work-conserving queue [53]. In a similar way, we can account for drugs used at different frequencies by assuming that the rate of evolution of resistance to each is slowed by a factor equal to its frequency of use.

These ideas reveal that, under certain conditions (namely, conservation of evolution) the results of the simple model of the text are identical to those for a model that allows simultaneous multiple drug use. Therefore, increasing the mean time to evolve resistance is more effective than decreasing the mean time between drug arrivals in an evolution-conserving scenario of multiple drug use. This also provides a natural point of departure for exploring cases in which evolution is not conservative.

When multiple drug use results in compression of evolution, this means that there are interactions among drugs that result in a reduction of the time required to evolve resistance. This effect might arise from cross-resistance, wherein the mechanism of resistance to one drug also confers resistance to another drug, effectively reducing its lifespan. This means that it is more important to slow resistance than to enhance drug development, as simply using more drugs will reduce the lifespan of each drug.

Alternatively, when multiple drug use results in the expansion of evolution, this means that there are interactions among drugs that bring about an increase in the time required for resistance evolution. At the population level, drug mixing has been suggested as a way of spatially varying the drug environment so that it is more difficult for microbes to evolve resistance to any one drug [54].
5 – Supplementary Tables

Table S1. Data for antimalarials and antibiotics. The values indicate the time of drug introduction and first observation of drug resistance. The reference for each drug is provided; all data is from published sources.

<table>
<thead>
<tr>
<th>Drug</th>
<th>Drug Type</th>
<th>Introduced</th>
<th>Resistance</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chloroquine</td>
<td>Antimalarial</td>
<td>1933.5</td>
<td>1957</td>
<td>(a)</td>
</tr>
<tr>
<td>Sulfadoxine-pyrimethamine</td>
<td>Antimalarial</td>
<td>1940</td>
<td>1953</td>
<td>(a)</td>
</tr>
<tr>
<td>Proguanil</td>
<td>Antimalarial</td>
<td>1948</td>
<td>1949</td>
<td>(b)</td>
</tr>
<tr>
<td>Pyrimethamine</td>
<td>Antimalarial</td>
<td>1951.5</td>
<td>1952.5</td>
<td>(c)</td>
</tr>
<tr>
<td>Mefloquine</td>
<td>Antimalarial</td>
<td>1977</td>
<td>1982</td>
<td>(d)</td>
</tr>
<tr>
<td>Halofantrine</td>
<td>Antimalarial</td>
<td>1988</td>
<td>1992</td>
<td>(b)</td>
</tr>
<tr>
<td>Atovaquone</td>
<td>Antimalarial</td>
<td>1996</td>
<td>1996</td>
<td>(d)</td>
</tr>
<tr>
<td>Atovaquone-proguanil</td>
<td>Antimalarial</td>
<td>1996.5</td>
<td>2001.5</td>
<td>(c)</td>
</tr>
<tr>
<td>Artemisinin</td>
<td>Antimalarial</td>
<td>2000</td>
<td>2009</td>
<td>(a)</td>
</tr>
<tr>
<td>Sulfonamides</td>
<td>Antibiotic</td>
<td>1930</td>
<td>1940.5</td>
<td>(e)</td>
</tr>
<tr>
<td>Penicillin</td>
<td>Antibiotic</td>
<td>1943</td>
<td>1946</td>
<td>(f)</td>
</tr>
<tr>
<td>Streptomycin</td>
<td>Antibiotic</td>
<td>1943</td>
<td>1959</td>
<td>(f)</td>
</tr>
<tr>
<td>Chloramphenicol</td>
<td>Antibiotic</td>
<td>1947</td>
<td>1959</td>
<td>(f)</td>
</tr>
<tr>
<td>Tetracycline</td>
<td>Antibiotic</td>
<td>1948</td>
<td>1953</td>
<td>(f)</td>
</tr>
<tr>
<td>Erythromycin</td>
<td>Antibiotic</td>
<td>1953</td>
<td>1968</td>
<td>(g)</td>
</tr>
<tr>
<td>Meticillin</td>
<td>Antibiotic</td>
<td>1960</td>
<td>1961</td>
<td>(f)</td>
</tr>
<tr>
<td>Cephalosporins</td>
<td>Antibiotic</td>
<td>1960.5</td>
<td>1969.5</td>
<td>(e)</td>
</tr>
<tr>
<td>Ampicillin</td>
<td>Antibiotic</td>
<td>1961</td>
<td>1973</td>
<td>(f)</td>
</tr>
<tr>
<td>Gentamicin</td>
<td>Antibiotic</td>
<td>1967</td>
<td>1970</td>
<td>(h)</td>
</tr>
<tr>
<td>Vancomycin</td>
<td>Antibiotic</td>
<td>1972</td>
<td>1988</td>
<td>(g)</td>
</tr>
<tr>
<td>Oxyimino-beta-lactams</td>
<td>Antibiotic</td>
<td>1981</td>
<td>1983</td>
<td>(h)</td>
</tr>
<tr>
<td>Ceftazidine</td>
<td>Antibiotic</td>
<td>1985</td>
<td>1987</td>
<td>(g)</td>
</tr>
<tr>
<td>Imipenem</td>
<td>Antibiotic</td>
<td>1985</td>
<td>1998</td>
<td>(g)</td>
</tr>
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<td>Levofoxacin</td>
<td>Antibiotic</td>
<td>1996</td>
<td>1996</td>
<td>(g)</td>
</tr>
<tr>
<td>Linezolid</td>
<td>Antibiotic</td>
<td>1999.5</td>
<td>2003.5</td>
<td>(e)</td>
</tr>
<tr>
<td>Daptomycin</td>
<td>Antibiotic</td>
<td>2003.5</td>
<td>2005</td>
<td>(e)</td>
</tr>
<tr>
<td>Ceftaroline</td>
<td>Antibiotic</td>
<td>2010</td>
<td>2011</td>
<td>(g)</td>
</tr>
</tbody>
</table>

Table S2. Results from replicate simulations (n = 100) with gamma distributed drug inter-arrival time and drug lifespan over a time interval of 20000 years. Performance measures are given as averages over all replicates. Baseline conditions are given as $k = 2$, $\alpha = 1/5$, $\beta = 1/2$. An additive change affects the mean time to evolve resistance or mean time between drug arrivals by 2 years, while a multiplicative change doubles the mean time to resistance or halves the mean time between drug arrivals.

<table>
<thead>
<tr>
<th>(Mean time between drug arrivals, Mean time to evolve resistance)</th>
<th>Baseline conditions</th>
<th>Additive change</th>
<th>Multiplicative change</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10, 4</td>
<td>10, 6</td>
<td>8, 4</td>
</tr>
<tr>
<td>Average drug availability</td>
<td>0.40</td>
<td>0.60</td>
<td>0.50</td>
</tr>
<tr>
<td>Average time to failure (years)</td>
<td>5.35</td>
<td>11.40</td>
<td>6.30</td>
</tr>
<tr>
<td>Average down time (years)</td>
<td>8.05</td>
<td>7.57</td>
<td>6.24</td>
</tr>
</tbody>
</table>
Table S3. Results from replicate simulations (n = 100) with a variable rate of drug arrivals over a time interval of 20000 years. Performance measures are given as averages over all replicates. The mean time between drug arrivals was 3 years ($\theta = \frac{1}{3}$) when there were 2 or fewer drugs in the portfolio at the time of the last drug arrival. Baseline conditions are given as $\alpha = \frac{1}{10}$, $\beta = \frac{1}{4}$. An additive change increases the mean time to evolve resistance by 2 years or decreases the mean time between drug arrivals under a normal rate by 2 years, while a multiplicative change doubles the mean time to resistance or halves the mean time between drug arrivals under a normal rate.

<table>
<thead>
<tr>
<th>(Mean time between drug arrivals, Mean time to evolve resistance)</th>
<th>Baseline conditions</th>
<th>Additive change</th>
<th>Multiplicative change</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10, 4</td>
<td>10, 6</td>
<td>8, 4</td>
</tr>
<tr>
<td>Average drug availability</td>
<td>0.69</td>
<td>0.84</td>
<td>0.75</td>
</tr>
<tr>
<td>Average time to failure (years)</td>
<td>12.96</td>
<td>33.69</td>
<td>14.97</td>
</tr>
<tr>
<td>Average down time (years)</td>
<td>5.77</td>
<td>6.66</td>
<td>5.94</td>
</tr>
<tr>
<td>Average proportion of time fast rate used</td>
<td>0.31</td>
<td>0.17</td>
<td>0.30</td>
</tr>
</tbody>
</table>


Figure S1. Histograms of drug supply parameters from antimalarial data. (a) The distribution of time between drug arrivals ($\alpha = 0.12$, $D = 8.3$ years, $\sigma_D = 7.7$ years). The distribution of time to evolve resistance was estimated via two approaches: (b) by dividing overlapping regions by the number of drugs ($\beta = 0.2$, $L = 5$ years, $\sigma_L = 5.2$ years) or (c) using the time from earliest drug arrival to first drug failure ($\beta = 0.2$, $L = 5$ years, $\sigma_L = 4.6$ years). Using the estimate of the rate parameter in each panel, the solid line is the exponential density plot and the open circles give the probability (%) within the interval defined by the width of each bar. The dashed line is the average value of the variable of interest.
Figure S2. The current state of antimalarial supply. This shows the time to failure ($T$; green bars) and drug availability ($\rho$) observed from data and from simulation using parameter estimates ($E[L] = 5$, $E[D] = 8.3$).
Figure S3. Characteristic realizations of future antimalarial supply. A simulation over the next 200 years when the mean time between drug arrivals is reduced by 2 years or the mean time to evolve resistance is increased by 2 years (compared to initial conditions: $E[L] = 5$, $E[D] = 8.3$).